SABO ALVIN O Form 4 August 23, 2010

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

Washington, D.C. 20549

Expires: January 31, 2005

Section 16.

Form 4 or
Form 5

Filed pursuant to Section 16(a) of the Secur

Estimated average burden hours per response... 0.5

Form 5 obligations may continue. *See* Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and A SABO ALV	ddress of Reporting IN O	g Person <u>*</u>	Symbol	Name and Ticker or Trading MFG & ELECTRONICS ESP]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 51 ISLAND	, ,	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 08/19/2010				_X_ Director Officer (gives below)	Officer (give title Other (specify		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
COHOES, N	IY 12047						Form filed by Person	More than One R	eporting	
(City)	(State)	(Zip)	Table	e I - Non-D	erivative S	Securities Ac	quired, Disposed	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Yea	r) Execut any	emed ion Date, if n/Day/Year)	Code (Instr. 8)	4. Securion onAcquired Disposed (Instr. 3,	(A) or of (D) 4 and 5) (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock - \$.33 1/3 par value				Code v	Amount	(D) Price	4,200	D		
Common Stock - \$.33 1/3 par value							3,300	D (1)		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exerci Expiration Dat (Month/Day/Y	te	7. Title and L Underlying S (Instr. 3 and	Securities
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option	\$ 17.36					10/13/2007	10/13/2015	Common Stock	1,800
Stock Option	\$ 17.8					05/19/2008	05/19/2016	Common Stock	1,400
Stock Option	\$ 18.29					02/21/2009	02/21/2017	Common Stock	1,400
Stock Option	\$ 21.54					05/23/2010	05/23/2018	Common Stock	1,400
Stock Option	\$ 17.09					02/20/2009	02/20/2019	Common Stock	1,400
Stock Option	\$ 19.2	08/19/2010		A	1,600	08/19/2010	08/19/2020	Common Stock	1,600

Reporting Owners

Reporting Owner Name / Address	Relationships					
r g	Director	10% Owner	Officer	Other		
SABO ALVIN O 51 ISLAND VIEW RD. COHOES, NY 12047	X					
^ : .						

Signatures

/s/ Alvin Sabo	08/23/2010		
**Signature of	Date		

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) IRA Account

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.