Arnold Timothy Gerald Form 4 March 05, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Arnold Timothy Gerald			2. Issuer Name and Ticker or Trading Symbol Unum Group [UNM]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check an applicable)			
			(Month/Day/Year)	Director 10% Owner			
1 FOUNTAIN SQUARE			03/01/2019	_X_ Officer (give title Other (specify below) below) EVP, President & CEO, Colonial			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
CHATTANOC	OGA, TN 37	402	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			

(City)	(State)	Zip) Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	ransaction Date 2A. Deemed				cquired d of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	03/01/2019		Code V F	Amount 462 (1)	` ,	Price \$ 37.67	32,133 (2)	D	
Common Stock	03/01/2019		F	639 (3)	D	\$ 37.67	31,494 (4)	D	
Common Stock	03/01/2019		A	8,711 (5)	A	\$0	40,205 (6)	D	
Common Stock							613.8734	I	By 401(k) plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)		4.	5. onNumber	6. Date Exerc Expiration D		7. Titl		8. Price of Derivative	9. Nu Deriv
Security (Instr. 3)	or Exercise Price of Derivative Security	(Month/Day/Tear)	any (Month/Day/Year)	Code (Instr. 8)	of	(Month/Day/e		Under Securi	rlying	Security (Instr. 5)	Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

Arnold Timothy Gerald 1 FOUNTAIN SQUARE CHATTANOOGA, TN 37402

**Signature of Reporting Person

EVP, President & CEO, Colonial

Signatures

/s/ Jullienne, J. Paul,

Attorney-in-Fact 03/05/2019

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Shares withheld to satisfy tax withholding obligation applicable to the vesting of 1,592.503 stock-settled RSUs (as defined in footnote (2) **(1)**
- Includes 8,314 restricted stock units, which may be settled, on a 1-for-1 basis, only in shares of common stock ("stock-settled RSUs"), **(2)** and 23,819 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- Shares withheld to satisfy tax withholding obligation applicable to the vesting of 2,201.590 stock-settled RSUs.

Date

Includes 6,113 stock-settled RSUs and 25,382 shares of common stock. Fractional amounts have been rounded to the nearest whole (4) number.

(5) All are stock-settled RSUs, which vest in three equal annual installments beginning on March 1, 2020.

Reporting Owners 2

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(6) Includes 14,824 stock-settled RSUs and 25,382 shares of common stock. Fractional amounts have been rounded to the nearest whole number.

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