

Ali Wajid
 Form 3
 November 20, 2012

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
 Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * Ali Wajid (Last) (First) (Middle) 1049 CAMINO DOS RIOS (Street) THOUSAND OAKS, CA 91360 (City) (State) (Zip)	2. Date of Event Requiring Statement (Month/Day/Year) 11/19/2012	3. Issuer Name and Ticker or Trading Symbol TELEDYNE TECHNOLOGIES INC [TDY]	4. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input checked="" type="checkbox"/> Officer <input type="checkbox"/> Other (give title below) (specify below) VP & Controller	5. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person
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Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year) Date Exercisable Expiration Date	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4) Title Amount or Number of Shares	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
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Stock Option (right to buy)	02/22/2012 ⁽¹⁾	02/22/2021	Common Stock	4,500	\$ 51.31	D	Â
Stock Option (right to buy)	04/25/2013 ⁽²⁾	04/25/2022	Common Stock	4,500	\$ 64.73	D	Â
Restricted Stock Units	01/25/2014 ⁽³⁾	01/25/2014 ⁽³⁾	Common Stock	1,804	\$ 0 ⁽⁴⁾	D	Â
Restricted Stock Units	01/24/2015 ⁽⁵⁾	01/24/2015 ⁽⁵⁾	Common Stock	1,527	\$ 0 ⁽⁴⁾	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Ali Wajid 1049 CAMINO DOS RIOS THOUSAND OAKS, CA 91360	Â	Â	Â VP & Controller	Â

Signatures

Wajid Ali 11/20/2012

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options vest in three equal annual installments beginning February 22, 2012. The first vesting date is stated.
- (2) The options vest in three equal annual installments beginning April 25, 2013. The first vesting date is stated.
- (3) Represents restricted shares issued to the Reporting Person under the 2011 - 2013 Restricted Stock Award/Restricted Stock Unit Program. Vested shares will be delivered to the Reporting Person following the vesting date.
- (4) Each Restricted Stock Unit represents a contingent right to receive one share of Common Stock.
- (5) Represents restricted shares issued to the Reporting Person under the 2012 - 2014 Restricted Stock Award/Restricted Stock Unit Program. Vested shares will be delivered to the Reporting Person following the vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.