NATURAL ALTERNATIVES INTERNATIONAL INC

Form 144 April 23, 2019

OMB APPROVAL

OMB

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SECURITIES AND Expires: May 13,

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FORM 144

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NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO BULE 14

PURSUANT TO RULE 144 UNDER THE SECURITIES

ACT OF 1933

SEC USE ONLY

DOCUMENT SEQUENCE NO.

CUSIP NUMBER

ATTENTION: Transmit for

filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale

directly with a market maker.

1

(a) NAME

OF

ISSUER

(Please (b) IRS (c) S.E.C. type or IDENT.NO. FILE NO.

print) WORK

LOCATION

84-1007839 000-15701

Natural

Alternatives

International,

Inc.

1 *(d)*

ADDRESS STREET CITY STATE ZIP (e) TELEPHONE

OF CODE NO.

ISSUER

AREA NUMBER

1535

Faraday Avenue

Carlsbad California 92008 744-734

CITY STATE

ZIP

(b) RELATIONSHEP

2 (a) NAME

TO ISSUER **CODE** OF PERSON **ADDRESS** FOR WHOSE **STREET ACCOUNT** THE **SECURITIES** ARE TO BE **SOLD** Marcelle and Brandon McCormick: 9425 North Syracuse, Indiana 46567 Stockholder. 850 East. INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number. 3(a)**SEC USE ONLY** (c) (b) (*d*) (e) *(f)* (g) Name and Address of Number Each of **Broker Shares Through Approximate** Aggregate Number of Shares Whom the Or Title of the Name of Each Other **Date of Sale Securities** Units Market Class of **Or Other Units Securities** Offered or Broker-Dealer (See instr. To Be Value **Securities Outstanding** 3(f)**Exchange** Each Sold File Number Market (See instr. To Be Sold (See instr. 3(e)) (MO. DAY (See instr. 3(g)) Maker (See 3(d)YR.) instr. who is 3(c)**Acquiring** the **Securities Fidelity** Brokerage Services \$114,660 LLC April 26, Common Stock 100 9,000 **NASDAQ** (as of 7,523,174 2019 Summer April 22, Street 2019) Boston, MA 02110

INSTRUCTIONS:

- 1.(a) Name of issuer
 - (b) Issuer's I.R.S. Identification Number
 - (c) Issuer's S.E.C. file number, if any
 - (d) Issuer's address, including zip code
 - (e) Issuer's telephone number, including area code
- 2.(a) Name of person for whose account the securities are to be sold
 - Such person's relationship to the issuer (e.g.,
 - (b) officer, director, 10% stockholder, or member of immediate family of any of the foregoing)
 - (c) Such person's address, including zip code

- 3.(a) Title of the class of securities to be sold
 - (b) Name and address of each broker through whom the securities are intended to be sold
 - (c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)

 Aggregate market value of the securities to be sold as of a
 - (d) specified date within 10 days prior to the filing of this notice
 - Number of shares or other units of the class outstanding,
 - (e) or if debt securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer
 - (f) Approximate date on which the securities are to be sold
 - Name of each securities exchange, if any, on which the securities are intended to be sold

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 1147 (08-07)

TABLE I – SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Title of	Date you	Nature of Acquisition Transaction	Name of Person from Whom Acquired	Amount of	Date of Nature of	
the Clas	Acquired ss		(If gift, also give date donor acquired)	Securities Acquired	Paymen	Payment Payment
Commo Stock	on 10/6/2010	Distribution from Limited Partnership	LeDoux Family Limited Partnership	9,000	N/A	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the **INSTRUCTIONS:** consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II - SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Name and Address of Seller Title of Securities Sold Date of Sale Gross Proceeds
-None-

REMARKS:

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

04/16/2019 /s/ Marcelle

McCormick

DATE OF NOTICE

Marcelle McCormick

(SIGNATURE)

04/16/2019 /s/ Brandon

McCormick Brandon McCormick

(SIGNATURE)

DATE OF PLAN ADOPTION OR GIVING OF INSTRUCTION,

IF RELYING ON RULE 10B5-1

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed.

Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)