LEDOUX MARK A

Form 4

March 12, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Estimated average

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005

OMB APPROVAL

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

1(b).

(Print or Type Responses)

(,								
1. Name and Address of Reporting Person * LEDOUX MARK A			2. Issuer Name and Ticker or Trading Symbol NATURAL ALTERNATIVES INTERNATIONAL INC [NAII]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (I	(N		f Earliest T Day/Year) 019	ransaction	below)	irectorX 10% Owner fficer (give title Other (specify below) CEO/Chairman		
(Street) CARLSBAD, CA 92008			4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tabl	le I - Non-	Derivative Securities Acc	quired, Disposed	of, or Benefic	ially Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Da any (Month/Day/	Date, if	3. Transactio Code (Instr. 8)	4. Securities Acquired or(A) or Disposed of (D) (Instr. 3, 4 and 5) (A)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	

Security	(Monul/Day/ i ear)	Execution Date, ii	Transactic	$M(\mathbf{A})$ of \mathbf{D}	ispose	u or (D)	Securities	Ownership	manect
(Instr. 3)		any	Code	(Instr. 3,	4 and	5)	Beneficially	Form:	Beneficial
		(Month/Day/Year)	(Instr. 8)				Owned	Direct (D)	Ownership
							Following	or Indirect	(Instr. 4)
					(A)		Reported	(I)	
					(A)		Transaction(s)	(Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
~			Code v	Amount	(D)	T IICC			
Common Stock	03/07/2019		F(1)	6,194	D	\$ 11.58	56,009	D	

		Code	V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock	03/07/2019	F <u>(1)</u>		6,194	D	\$ 11.58	56,009	D	
Common Stock							176,500	I	By Self as Trustee for the LeDoux Family Trust U/D/T December 21, 1992
Common Stock							535,000	I	By LeDoux Family Limited

			Partnership				
Common Stock	69,416	I	By IRA				
Common Stock	7,200	I	By Self as Custodian for Marcelle Jeannette LeDoux				
Common Stock	800	I	By Self as Custodian for Jean-Marc Emile LeDoux				
Common Stock	4,000	I	By Self as Custodian for Aimee LeDoux				
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.							
	Persons who respond to the coll- information contained in this for required to respond unless the fo	m are not	SEC 1474 (9-02)				

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

number.

displays a currently valid OMB control

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transact Code (Instr. 8)	5. ionNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			

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LEDOUX MARK A 1535 FARADAY AVENUE CARLSBAD, CA 92008

X CEO/Chairman

Signatures

/s/ Kenneth E Wolf on behalf of Mr. LeDoux pursuant to a Power of Attorney

03/11/2019

**Signature of Reporting Person

X

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction represents a resale of 6,194 shares to the Issuer as payment of the reporting person's tax liability upon vesting of 25,001 shares of restricted stock on March 7, 2019, using the closing stock price on March 7, 2019 of \$11.58 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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