

NATURAL ALTERNATIVES INTERNATIONAL INC  
Form 144  
November 08, 2016

**UNITED STATES****SECURITIES AND EXCHANGE COMMISSION****Washington, D.C. 20549****FORM 144****NOTICE OF PROPOSED SALE OF SECURITIES****PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933**

**ATTENTION:** *Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker.*

**OMB APPROVAL**

OMB

Number:3235-0101

Expires: May 13, 2017

Estimated average  
burdenhours per  
response.....1.00**SEC USE ONLY**  
**DOCUMENT**  
**SEQUENCE NO.**

CUSIP NUMBER

1 (a) NAME OF ISSUER (Please type or print)

(b) IRS  
IDENT.NO.(c) S.E.C.  
FILE NO.

WORK LOCATION

Natural Alternatives International, Inc.

84-1007839

000-15701

1 (d) ADDRESS

OF STREETCITY  
ISSUER

STATE

ZIP CODE

(e) TELEPHONE NO.

AREA  
CODE NUMBERc/o  
1535  
Faraday Carlsbad  
Avenue

California

92008

(760)

744-7340

2 (a) NAME  
OF PERSON  
FOR WHOSE  
ACCOUNT  
THE  
SECURITIES  
ARE TO BE  
SOLD

(b) RELATIONSHIP TO ISSUER

(c) ADDRESS  
STREET

CITY

STATE

ZIP CODE

c/o 1535 Faraday  
Avenue

Carlsbad

California 92008

Mark LeDoux  
and persons  
whose sales  
are required byMark LeDoux is an officer, director and  
10% stockholder.

Rule 144 to be  
aggregated as  
follows:

- Mark
  - (i) LeDoux  
individually;  
Mark  
LeDoux &
  - (ii) Julie  
LeDoux as  
JTWROS;  
LeDoux  
Family  
Limited  
Partnership,
  - (iii) of which Julie LeDoux is a member of the  
Mark immediate family of Mark LeDoux.  
LeDoux is  
General  
Partner;  
Descendants  
Trust  
Created  
under the  
LeDoux  
Family
  - (iv) Trust, of  
which  
Mark  
LeDoux is  
Trustee;  
and  
Marie  
LeDoux  
Foundation,
  - (v) of which  
Mark  
LeDoux is  
President.
-

*INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number.*

3 (a)	(b)	SEC USE ONLY	(c)	(d)	(e)	(f)	(g)
Title of the Class of Securities To Be Sold	Name and Address of Each Broker Through Whom the Securities are to be Offered or Each Market Maker who is Acquiring the Securities Wells Fargo Advisors	Broker-Dealer File Number	Number of Shares Or Other Units To Be Sold (See instr. 3(c))	Aggregate Market Value (See instr. 3(d))	Number of Shares Or Other Units Outstanding (See instr. 3(e))	Approximate Date of Sale (See instr. 3(f)) (MO. DAY YR.)	Name of Each Securities Exchange (See instr. 3(g))
Common Stock	12531 High Bluff Drive, # 400 San Diego, CA 92130 Roth Capital Partners		11,389	\$138,945.80 (as of November 7, 2016)	6,872,591	November 9, 2016	NASDAQ
Common Stock	888 San Clemente Drive Newport Beach, CA 92660		54,908	\$669,877.60 (as of November 7, 2016)	6,872,591	November 9, 2016	NASDAQ

**INSTRUCTIONS:**

1. (a) Name of issuer
- (b) Issuer's I.R.S. Identification Number
- (c) Issuer's S.E.C. file number, if any
- (d) Issuer's address, including zip code
- (e) Issuer's telephone number, including area code
2. (a) Name of person for whose account the securities are to be sold  
Such person's relationship to the issuer (e.g.,  
(b) officer, director, 10% stockholder, or member of immediate family of any of the foregoing)  
(c) Such person's address, including zip code
3. (a) Title of the class of securities to be sold
- (b) Name and address of each broker through whom the securities are intended to be sold
- (c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)  
Aggregate market value of the securities to be sold as of  
(d) a specified date within 10 days prior to the filing of this notice  
Number of shares or other units of the class outstanding, or if debt securities the face amount thereof outstanding,  
(e) as shown by the most recent report or statement published by the issuer
- (f) Approximate date on which the securities are to be sold
- (g) Name of each securities exchange, if any, on which the securities are intended to be sold

**Potential  
persons who  
are to  
respond to  
the  
collection of  
information  
contained in  
this form  
are not**

**required to  
respond  
unless the  
form  
displays a  
currently  
valid OMB  
control  
number.**

SEC 1147  
(08-07)

**TABLE I – SECURITIES TO BE SOLD**

*Furnish the following information with respect to the acquisition of the securities to be sold*

*and with respect to the payment of all or any part of the purchase price or other consideration therefor:*

Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of Person from Whom Acquired  <i>(If gift, also give date donor acquired)</i>	Amount of Securities Acquired	Date of Payment	Nature of Payment
Common Stock	2/1/1995	Market Purchase	Market Purchase	11,389	2/1/1995	Cash

Common Stock	12/10/2002	Contribution	Marie LeDoux Unknown	54,908	Unknown <sup>1</sup>	Gift
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**INSTRUCTIONS:** If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

**TABLE II – SECURITIES SOLD DURING THE PAST 3 MONTHS**

*Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.*

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
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**REMARKS: (1) Payment for shares received by donation on 12/10/2002 was made at an unknown time prior to that date.**

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**INSTRUCTIONS:**

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

11/7/2016

DATE OF NOTICE

**ATTENTION:**

*The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.*

/s/ Mark LeDoux, authorized signatory for each of the persons listed in box 2(a) above

/s/ Julie LeDoux, solely with respect to the person listed in box 2(a)(ii) above

(SIGNATURE)

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DATE OF PLAN ADOPTION OR GIVING OF INSTRUCTION,

IF RELYING ON RULE 10B5-1

*The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed.*

*Any copies not manually signed shall bear typed or printed signatures.*

**ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)**