Edgar Filing: NATURAL ALTERNATIVES INTERNATIONAL INC - Form 4

NATURAL ALTERNATIVES INTERNATIONAL INC

Form 4

Common

Stock

March 11, 2	016											
FORM	14									APPROVAL		
Washington, D.C. 20549									N OMB Number:	3235-0287		
Check the if no long subject to Section	IENT OF	F CHANGES IN BENEFICIAL OW SECURITIES					NERSHIP OF	Estimated	January 31, 2005 d average			
Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). SECURTTES burden hours per response 0.5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type	Responses)											
1. Name and Address of Reporting Person * LEDOUX MARK A S				r Name and				5. Relationship of Reporting Person(s) to Issuer				
		NATURAL ALTERNATIVES INTERNATIONAL INC [NAII]					(Check all applicable)					
(M				f Earliest Ti Day/Year)	ransaction			X Director X Officer (gi below)		0% Owner other (specify		
1185 LINDA VISTA DRIVE			03/07/2016					Chief Executive Officer				
	(Street)			endment, Da nth/Day/Year	_	1		6. Individual or Applicable Line) _X_ Form filed by				
SAN MAR	COS, CA 92078							Form filed by Person	More than One	Reporting		
(City)	(State)	(Zip)	Tabl	e I - Non-I	Derivative	Securi	ities Ac	equired, Disposed	of, or Benefic	ially Owned		
1.Title of Security (Month/Day/Year) Execution I any (Month/Day			Date, if Transaction(A) or Disposed of Code (D)					5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock (1)	03/07/2016			Code V F	Amount 6,490	(D)	Price \$ 11.7	68,401	D			
Common Stock								189,797	I	By Self as Trustee for the LeDoux Family Trust U/D/T		

December 21, 1992

By LeDoux

Family

Limited

545,000

I

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			Partnership
Common Stock	41,416	I	By IRA
Common Stock	7,200	I	By Self as Custodian for Marcelle Jeannette LeDoux
Common Stock	800	I	By Self as Custodian for Jean-Marc Emile LeDoux
Common Stock	28,000	I	By 401 (K)
Reminder: Report on a separate line for each class of securities beneficially owned d	lirectly or indirectly.		

neer. Report on a separate line for each class of securities beneficiary owned directly of indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
LEDOUX MARK A 1185 LINDA VISTA DRIVE	X	X	Chief Executive Officer					

Reporting Owners 2

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SAN MARCOS, CA 92078

Signatures

/s/ Kenneth E Wolf on behalf of Mr LeDoux pursuant to a Power of Attorney

03/11/2016

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction represents a resale of 6,490 shares to the Issuer as payment of the reporting person's tax liability upon vesting of 23,266 shares of restricted stock as of March 7, 2016, using the closing stock price on March 7, 2016 of \$11.70 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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