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HOWARD RUSTIN R

Form 4

December 30, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 3235-0287

OMB APPROVAL

Number:

Expires:

January 31, 2005

0.5

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Check this box

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

12/28/2010

Stock

1. Name and Address of Reporting Person * HOWARD RUSTIN R			2. Issuer Name and Ticker or Trading Symbol COMPETITIVE TECHNOLOGIES INC [CTTC]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
			3. Date of (Month/D	Earliest Tr	ansaction			_X_ Director Officer (give		Owner er (specify	
777 COMMERCE DR., SUITE 100			12/23/2010					below)	below)		
(Street)			4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check			
J			Filed(Month/Day/Year)					Applicable Line)			
FAIRFIELI						_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Table	e I - Non-D	erivative	Secui	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned	
1.Title of	2. Transaction Date	2A. Deer	med	3.	4. Securi	ties A	cquired	5. Amount of	6. Ownership	7. Nature of	
Security (Month/Day/Year) Execution			, , , , , , , , , , , , , , , , , , , ,					Securities	Form: Direct		
(Instr. 3) any			Day/Year)	Code (Instr. 3, 4 and 5) ay/Year) (Instr. 8)			5)	Beneficially (D) or Beneficial Owned Indirect (I) Ownership			
		(Monul/)	Day/ i ear)	(111811. 6)				Following	(Instr. 4)	Ownership (Instr. 4)	
								Reported	(2115127-1)	(1110111 1)	
						(A)		Transaction(s)			
				Code V	Amount		Price	(Instr. 3 and 4)			
Common Stock	12/23/2010			P	1,000	A	\$ 1.345	34,500	D		
Common	12/28/2010			D	2 000	٨	¢ 1 2	26 500	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

P

2,000

\$ 1.2

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D

36,500

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transacti	5. orNumber	6. Date Exerc Expiration D		7. Title Amount		8. Price of Derivative	9. Nu Deriv
Security (Instr. 3)	or Exercise Price of Derivative Security	(Month/Day/Tear)	any (Month/Day/Year)	Code (Instr. 8)	of	(Month/Day/		Underly Securiti (Instr. 3	ying ies	Security (Instr. 5)	Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title N	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
HOWARD RUSTIN R 777 COMMERCE DR. SUITE 100 FAIRFIELD, CT 06825	X						

Signatures

Rustin R. 12/30/2010 Howard

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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