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VAALCO ENEI Form 4 March 22, 2016	RGY INC /D	E/								
FORM 4	1							OMB A	PPROVAL	
	UNITED	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								
Check this bo if no longer				C		Expires:	January 31			
subject to Section 16. Form 4 or	STATEN	MENT O	WNERSHIP OF	Estimated burden hou response	urs per					
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type Resp	onses)									
1. Name and Address of Reporting Person <u>*</u> Bounds Cary M			2. Issuer Name and Ticker or Trading Symbol				5. Relationship of Reporting Person(s) to Issuer			
		VAAL [EGY]	CO ENE	RGY IN	C /DE/	(Check all applicable)				
(Last)	3. Date of Earliest Transaction				Director 10% Owner X Officer (give title Other (specify					
9800 RICHMO 700	UITE	(Month/Day/Year) 03/18/2016				below) below) Chief Operating Officer				
HOUSTON, TX	4. If Amendment, Date Original Filed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 					
							Person			
(City)	(State)	(Zip)	Tab	ole I - Non-	Derivative	e Securities A	Acquired, Disposed of	of, or Beneficia	lly Owned	
	ransaction Date onth/Day/Year)		Date, if	3. Transactio Code (Instr. 8)	4. Securi onAcquirec Disposec (Instr. 3,	l (A) or l of (D)	Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Amount	(D) Price				
Reminder: Report o	on a separate line	e for each cl	ass of sec	urities bene	•	•	or indirectly. spond to the colle	ction of	SEC 1474	
					infor requi	mation con red to resp ays a curre	ntained in this form bond unless the for ently valid OMB co	are not m	(9-02)	
	Tab					sposed of, or convertible	r Beneficially Owned securities)	L		

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amoun
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securiti

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Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code (Instr. 8))	Securities Acquired (A Disposed o (Instr. 3, 4, 5)	f (D)	(Month/Day/Year)		(Instr. 3 and 4)	
				Code V	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amor Numl Share
Employee Stock Option (right to buy)	\$ 1.04	03/18/2016		А		179,580		<u>(1)</u>	03/18/2021	Common Stock	179.
Stock Appreciation Right	\$ 1.04	03/18/2016		А		179,580		(2)	03/18/2021	Common Stock	179.

Reporting Owners

Reporting Owner Name / Address	Relationships								
reporting of the read of the so	Director	10% Owner	Officer	Other					
Bounds Cary M 9800 RICHMOND AVE. SUITE 700 HOUSTON, TX 77042			Chief Operating Officer						
Signatures									
/s/ Cary M. Bounds by Eric J. C attorney-in-fact	Christ, as		03/22/2016						
<u>**</u> Signature of Reporting	g Person		Date						

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) The stock options vest in three equal installments on March 18, 2016, March 18, 2017 and March 18, 2018.
- (2) The stock appreciation rights vest in three equal installments on March 18, 2017, March 18, 2018 and March 18, 2019.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.