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NAUTILUS Form 4 November 0 FORN	5, 2007	ES SECURITIES A		~ U A I	NCEO	OMMISSION		PPROVAL				
		Washington	201011011351011	OMB Number:	3235-0287							
Check th if no long	aer.						Expires:	January 31, 2005				
subject to Section 1 Form 4 o	6. SIAIEMENI	OF CHANGES IN SECUI	NERSHIP OF	Estimated a burden hou response	average rs per							
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type I	Responses)											
	Address of Reporting Person ROBERT S	2. Issuer Name and Symbol NAUTILUS, IN		Tradin	g	5. Relationship of Reporting Person(s) to Issuer						
(Last)	(First) (Middle)	3. Date of Earliest T				(Check all applicable)						
. ,	S, INC., 16400 SE	(Month/Day/Year) 11/02/2007	Tansaction			X Director 10% Owner X Officer (give title Other (specify below) CEO, President & Chairman						
	(Street)	4. If Amendment, D	ate Original	l		6. Individual or Joint/Group Filing(Check						
VANCOUV	/ER, WA 98683	Filed(Month/Day/Yea	ır)			Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(State) (Zip)	Table I - Non-	Derivative S	Securi	ties Acq	uired, Disposed of	f, or Beneficial	ly Owned				
1.Title of Security (Instr. 3)	2. Transaction Date 2A. I (Month/Day/Year) Exec any (Mor	ution Date, if Transact Code th/Day/Year) (Instr. 8)		sposed 4 and 3 (A) or	5)	 Securities Form: Direct Beneficially (D) or Owned Indirect (I) Following (Instr. 4) Reported Transaction(s) (Instr. 3 and 4) 		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
Common	10/17/2007	Code V D	16,000	(D) D	Price \$ 0	15,000	D					
Stock Common Stock	11/02/2007	Р	(<u>1)</u> 400	А	\$ 5.97	15,400	D					
Common Stock	11/02/2007	Р	3,300	A	\$ 5.99	18,700	D					
Common Stock	11/02/2007	Р	3,800	А	\$6	22,500	D					
Common Stock	11/02/2007	Р	1,600	А	\$ 5.96	24,100	D					

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Common Stock	11/02/2007	Р	400	А	\$ 24,500 D)
Common Stock	11/02/2007	Р	500	А	\$ 25,000 D)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	of Derivative Securities Acquired (A) or Disposed of (D)	(Month/Day/Year) ivative urities uired or posed		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(Instr. 3, 4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer		Other		
FALCONE ROBERT S NAUTILUS, INC. 16400 SE NAUTILUS DRIVE VANCOUVER, WA 98683	Х		CEO, President	& Chairman			
Signatures							
/s/ William D. Meadowcroft, Attorney-in-fact for Robert S. Falcone 11/05/2007							
**Signature of Re	porting Perso	on		Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Forfeiture of restricted stock award.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners

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