CHRISTIE H FREDERICK

Form 4

December 02, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Check this box if no longer

subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005

0.5

OMB APPROVAL

Estimated average burden hours per response...

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * CHRISTIE H FREDERICK			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
			DineEquity, Inc [DIN]	(Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction			
			(Month/Day/Year)	X Director 10% Owner		
450 NORTH BRAND			12/01/2011	Officer (give title Other (specify		
BOULEVARD, 7TH FLOOR				below) below)		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line)		
CLENDALE CA 01202				_X_ Form filed by One Reporting Person Form filed by More than One Reporting		
GLENDALE CA 01203				roun med by more than one reporting		

GLENDALE, CA 91203

(City)	(State) (Zi	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	nsaction Date 2A. Deemed		3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
COMMON STOCK	12/01/2011		Code V	Amount 5,000	or (D)	Price \$ 35.03	(Instr. 3 and 4) 20,700	D		
COMMON STOCK	12/01/2011		S	5,000	D	\$ 46.72 (1)	15,700	D		
COMMON STOCK	12/01/2011		M	5,000	A	\$ 28.11	20,700	D		
COMMON STOCK	12/01/2011		S	5,000	D	\$ 46.78 (2)	15,700	D		
							7,700	I		

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COMMON	Ву
STOCK	Christie
	Family
	Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number owf Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		Derivative Expiration Date Unurities (Month/Day/Year) (Inquired or posed of tr. 3, 4,		7. Title and Am Underlying Sec (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Shares		
STOCK OPTION (RIGHT TO BUY)	\$ 35.03	12/01/2011		M	5,000	05/15/2003(3)	05/15/2012	COMMON STOCK	5,00		
STOCK OPTION (RIGHT TO BUY)	\$ 28.11	12/01/2011		M	5,000	05/21/2004(4)	05/21/2013	COMMON STOCK	5,00		

Reporting Owners

Reporting Owner Name / Address	Relationships					
•	Director	10% Owner	Officer	Other		
CHRISTIE H FREDERICK						
450 NORTH BRAND BOULEVARD, 7TH FLOOR	X					
GLENDALE, CA 91203						

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Signatures

/s/ Kisha L. Parker as attorney-in-fact for H. Frederick Christie

12/02/2011

**Signature of Reporting Person

number of shares and the prices at which the shares were sold.

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The price reported is the weighted average price. The shares were sold in multiple transactions at prices ranging from \$46.70 to \$46.80, (1) inclusive. The reporting person undertakes to provide to the SEC, the issuer and any security holder full information regarding the
- The price reported is the weighted average price. The shares were sold in multiple transactions at prices ranging from \$46.70 to \$46.97,
- (2) inclusive. The reporting person undertakes to provide to the SEC, the issuer and any security holder full information regarding the number of shares and the prices at which the shares were sold.
- (3) The stock option was granted under the IHOP Corp. 1994 Stock Option Plan for Non-Employee Directors, as amended in 1999. This option to purchase 5,000 shares vested as to one-third of the shares on each of May 15, 2003, 2004 and 2005.
- (4) The stock option was granted under the IHOP Corp. 1994 Stock Option Plan for Non-Employee Directors, as amended in 1999. This option to purchase 5,000 shares vested as to one-third of the shares on each of May 21, 2004, 2005 and 2006.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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