Edgar Filing: MITCHELL MARTHA M - Form 4

MITCHELL	MARTHA M										
Form 4											
February 24,	, 2012										
FORM	14		SECU	DITIES A	ND EV		NCEC	OMMESION		PROVAL	
Check this box						OMB Number:	3235-0287				
if no long	aer.					- ~			Expires:	January 31, 2005	
subject to Section 16. Form 4 or				GES IN BENEFICIAL OWN SECURITIES				ERSHIP OF	Estimated a burden hour	d average ours per	
Form 5 obligatio may cont See Instru 1(b).	Filed puration Filed puration Filed puration Filed puration for the section 17(a	a) of the l	Public U		ding Cor	npan	y Act of	Act of 1934, 1935 or Section)	response	0.5	
(Print or Type I	Responses)										
MITCHELL MARTHA M Symbol CRA			Symbol CRACH	ssuer Name and Ticker or Trading bol ACKER BARREL OLD UNTRY STORE, INC [CBRL]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
			COUN	IRYSIU	ORE, INC		SKL]				
(Last) 305 HARTN				of Earliest Transaction Day/Year) 2012				X Director Officer (give t below)		Owner r (specify	
			nendment, Date Original Ionth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
LEBANON	, TN 37087							Person	ore than one Rej	Johning	
(City)	(State)	(Zip)	Tab	le I - Non-D	Derivative	Secui	rities Acqu	uired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	y (Month/Day/Year) Execution Date, if		3. 4. Securities Acquired Transactior(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	02/22/2012			М	8,312	А	\$ 25.375	25,066	D		
Common Stock	02/22/2012			S	8,312	D	\$ 56.562	16,754	D		
Common Stock	02/22/2012			М	2,000	А	\$ 14.56	18,754	D		
Common Stock	02/22/2012			S	2,000	D	\$ 56.562	16,754	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. H Dei Sec (In:
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options (right to buy)	\$ 25.375	02/22/2012		М	8,312	<u>(1)</u>	08/05/2012	Common Stock	8,312	
Stock Options (right to buy)	\$ 14.56	02/22/2012		М	2,000	(2)	11/25/2018	Common Stock	2,000	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
MITCHELL MARTHA M							
305 HARTMANN DR	Х						
LEBANON, TN 37087							
Signatures							
Martha M. Mitchell by Michae	l J. Zylstr	a,					
Attorney-in-fact				02/24/2012			

Attorney-in-fact **Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) These options vested six-months after grant date of August 26, 1993.

(2) This option grant vested over three years in equal installments on November 25, 2009, 2010 and 2011, respectively.

Reporting Owners

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.