## Edgar Filing: Shoaf Forrest - Form 4

Form 4	l										
December 09	9, 2010										
FORM /								OMB APPROVAL			
Washington, D.C. 20549								OMB Number:	3235-0287 January 31 2005		
Check this box if no longer STATEMENT OF CHANCLES IN DENIFERCIAL OWNERSHIP OF								Expires:			
subject to STATEMENT OF C Section 16. Form 4 or				SECUR	ITIES				Estimated a burden hour response	verage	
Form 5 obligatior may conti <i>See</i> Instru 1(b).	$\frac{18}{1000}$ Section 17(a)	a) of the P	ublic Ut		ling Con	npany	Act of	e Act of 1934, 1935 or Section 0	n		
(Print or Type R	Responses)										
Shoaf Forrest Symbol CRA			Symbol	Name and			ıg	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
				ER BAR			RL]				
(Month				te of Earliest Transaction th/Day/Year) 7/2010				Director 10% Owner X_ Officer (give title Other (specify below) below) Sr. VP & Chief Legal Officer			
	(Street)			ndment, Da th/Day/Year)	-	1		6. Individual or Jo Applicable Line) _X_ Form filed by C	int/Group Filin Dne Reporting Pe	g(Check rson	
LEBANON,	, TN 37087							Form filed by M Person	Iore than One Re	porting	
(City)	(State) (	(Zip)	Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, any (Month/Day/Year)		Date, if	Code (Instr. 3, 4 and 5) ear) (Instr. 8) (A)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	12/07/2010			М	5,000	А	\$ 40.46	47,997	D		
Common Stock	12/07/2010			S	5,000	D	\$ 54.5	42,997	D		
Common Stock	12/08/2010			S	1,000	D	\$ 55	41,997	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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#### number.

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. H Der Sec (In:
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options (right to buy)	\$ 40.46	12/07/2010		М	5,000	<u>(1)</u>	04/11/2015	Common Stock	5,000	

# **Reporting Owners**

Reporting Owner Name / Address	s Relationships							
I O	Director	10% Owner	Officer	Other				
Shoaf Forrest 305 HARTMANN DR LEBANON, TN 37087			Sr. VP & Chief Legal Officer					

# Signatures

Forrest Shoaf 12/09/2010 <u>\*\*</u>Signature of Date Reporting Person

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This option grant was awarded on April 11, 2005 and vested over three years in equal installments on April 11, 2006, 2007 and 2008, respectively.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.