CONGDON JOHN R

Form 4

Stock

Common

Stock

November 05, 2010

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									PPROVAL 3235-0287 January 31, 2005 average rs per 0.5	
(Print or Type Responses) 1. Name and Address of Reporting Person * CONGDON JOHN R 2. Issuer Name and Ticker or Trading Symbol OLD DOMINION FREIGHT LINE INC/VA [ODFL] (Check all applicable)										
	(First) DOMINION FREE C., 500 OLD DOM	(Middle) 3. Date (Montle EIGHT 11/03	e of Earliest Transaction				_X_ Director _X_ 10% Owner _X_ Officer (give title _X_ Other (specify below) Vice Chairman of the Board / Member of Section 13(d) group			
Filed(Month/Day/Year) Applicable Line) _X_ Form filed by							pplicable Line) X_ Form filed by O Form filed by Mo	oint/Group Filing(Check One Reporting Person More than One Reporting		
(City)	(State)	(Zip) Ta	ıble I - Non	-Derivative	Secur	rities Acquii	red, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		3.		s Acq f (D)	uired (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	11/03/2010		S <u>(1)</u>	109,058	D	\$ 28.0823	1,505,488	I	As trustee of John R. Congdon	

(2)

108,750

I

Revocable Trust

As trustee of John R.

Congdon

2009 GRAT

Edgar Filing: CONGDON JOHN R - Form 4

Common Stock	210,937	I	As trustee of 1998 Earl E. Congdon Family Trust
Common Stock	820,569	I	As trustee of the John R. Congdon 2010 GRAT

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.		6. Date Exerc	cisable and	7. Tit	le and	8. Price of	
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transa	ctionNu	mber	Expiration D	ate	Amou	ınt of	Derivative	
Security	or Exercise		any	Code	of		(Month/Day/	Year)	Unde	rlying	Security	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8	8) De	rivativ	e		Secur	ities	(Instr. 5)	
	Derivative				Sec	curities			(Instr	. 3 and 4)		
	Security				Ac	quired						
					(A)	or or						
					Dis	sposed						
					of	(D)						
					(In	str. 3,						
					4, a	and 5)						
										Amount		
							Date	Expiration	m: 1	or		
							Exercisable	Date	Title	Number		
										of		
				Code	V (A)	(D)				Shares		

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
CONGDON JOHN R C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360	X	X	Vice Chairman of the Board	Member of Section 13(d) group				

Reporting Owners 2

Edgar Filing: CONGDON JOHN R - Form 4

Signatures

/s/ Joel B. McCarty, Jr., by Power of Attorney

**Signature of Reporting Person

Date

11/04/2010

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations, See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 30, 2010.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$28.00 to \$28.36, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

Remarks:

The reporting person may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other more Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3