KNUEPPEL HENRY W

Form 4

November 18, 2009

Check this box

if no longer

subject to

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB 3235-0287 Number:

Expires:

OMB APPROVAL

Washington, D.C. 20549

January 31, 2005

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Estimated average burden hours per 0.5 response...

Section 16. Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

		Address of Reporting EL HENRY W	Symbo	1	nd Ticker or Trading IT CORP [RBC]	5. Relationship of Reporting Person(s) to Issuer			
(Last) (First) (Middle)			Middle) 3. Date	of Earliest	Transaction	(Check all applicable)			
200 STATE STREET			`	n/Day/Year) /2009		X Director 10% Owner X Officer (give title Other (specify below)			
(Street)				mendment, I	Date Original	6. Individual or Joint/Group Filing(Check			
BELOIT, WI 53511			Filed(M	Ionth/Day/Ye	ear)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
	(City)	(State)	(Zip) Ta	ble I - Non-	-Derivative Securities Acq	uired, Disposed o	f, or Benefici	ally Owned	
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code	4. Securities Acquired (A) our Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	

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1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	ransaction Disposed of (D) ode (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Common Stock	11/16/2009		S	11,097	D	\$ 52.05 (1)	381,252	D	
Common Stock	11/17/2009		S	8,903	D	\$ 50.75 (2)	372,349	D	
Common Stock	11/17/2009		M	40,000	A	\$ 16.38	412,349	D	
Common Stock	11/17/2009		M	36,000	A	\$ 20.3	448,349	D	
Common Stock	11/17/2009		M	50,000	A	\$ 29.75	498,349	D	

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Stock Reminder: Re	port on a separate line for each class of secu	ırities ben	eficially ov	√ned d	irectly or in	12,458 (7)	1	Savings Plan
Common					_	12 450 (7)	T	Retirement
Common Stock	11/17/2009	S	87,403	D	\$ 50.734	410,946	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Am Underlying Sec (Instr. 3 and 4)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title o
Stock Appreciation Rights	\$ 42.65					05/08/2011(4)	05/08/2019	Common Stock
Stock Appreciation Rights	\$ 42.28					05/02/2010(4)	05/02/2018	Common Stock
Stock Appreciation Rights	\$ 48.05					02/06/2009(5)	02/06/2017	Common Stock
Non-qualified Stock Option	\$ 36.36					01/27/2008(6)	01/27/2016	Common Stock
Non-qualified Stock Option	\$ 29.75	11/17/2009		M	50,000	01/21/2007	01/21/2015	Common Stock
Non-qualified Stock Option	\$ 20.3	11/17/2009		M	36,000	04/22/2006	04/22/2014	Common Stock
Non-qualified Stock Option	\$ 16.38	11/17/2009		M	40,000	04/22/2005	04/22/2013	Common Stock

Reporting Owners

Reporting Owner Name / AddressRelationshipsDirector10% OwnerOfficerOtherKNUEPPEL HENRY WXChairman/CEO200 STATE STREETXChairman/CEOBELOIT, WI 53511

Signatures

Henry W. Knueppel by David A. Barta as POA 11/18/2009

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The Price in Column 4 is a weighted average price. The prices actually received ranged from \$52.047 to \$52.112. The reporting person (1) has provided to the issuer, and will provide to any security holder of the issuer, or the SEC staff, upon request, information regarding the number of shares sold at each price within the range for all transaction reported in this Form 4 utilizing an average weighted price.
- The price in Column 4 is a weighted average price. The prices actually received ranged from \$50.75 to \$50.751. The reporting person has (2) provided to the issuer, and will provide to any security holder of the issuer, or the SEC staff, upon request, information regarding the number of shares sold at each price within the range for all transactions reported in this Form 4 utilizing an average weighted price.
- The price in Column 4 is a weighted average price. The prices actually received ranged from \$50.55 to \$51.24. The reporting person has provided to the issuer, and will provide to any security holder of the issuer, or the SEC staff, upon request, information regarding thenumber of shares sold at each price within the range for all transactions reported in this Form 4 utilizing an average weighted price.
- (4) Granted as stock-settled SARs under the 2007 Equity Incentive Plan. The SARs vest and become exerciseable 40% on the second anniversary of the date of the grant, 60% on the third anniversary, 80% on the fourth anniversary and 100% on the fifth anniversary.
- (5) Granted as stock-settled SARs under the 2003 Equity Incentive Plan. The SARs vest and become exercisable 40% on the second anniversary of the date of the grant, 60% on the third anniversary, 80% on the fourth anniversary and 100% on the fifth anniversary.
- Granted to reporting person as option to buy shares of common stock under the 2003 Equity Incentive Plan. The Option vests and becomes exerciseable 40% on the second anniversary of the date of the grant, 60% on the third anniversary, 80% on the fourth anniversary and 100% on the fifth anniversary.
- (7) Balance reflects the most current data available with regard to holdings in the Regal Beloit Corporation Retirement Savings Plan.

 Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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