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STERLING BANCORP Form 8-K March 02, 2004

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934		
Date of Report (Date of earliest event reported) March 1, 2004		
Commission File Number: 1-5273-1		
	Sterling Bancorp	
	(Exact Name of Registrant as specified in its o	charter)
	NEW YORK	13-2565216
	e of other jurisdiction of incorporation)	(IRS Employer Identification No.)
650 F	ifth Avenue, New York, New York	10019-6108
(Addr	ess of principal executive offices)	(Zip Code)
	(212) 757-3300	
(Registrant's telephone number, including area code)		
N/A		
(Former name, former address and former fiscal year, if changed since last report)		
ITEM	7	
FINAN	CIAL STATEMENTS, PRO FORMA FINANCIAL INFORMATION AND EX	KHIBITS
(a)	Financial Statements of the Business Acquired.	
	Not Applicable	
(b)	Pro Forma Financial Information	
\~/	Not Applicable	
(-)	Exhibits	
(C)	FXIITDICS	

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99.1 Press Release dated March 1, 2004

ITEM 9

REGULATION FD DISCLOSURE

On March 1, 2004, the Company issued a press release announcing a presentation on March 3, 2004 by John C. Millman, President of Sterling Bancorp, as part of the Keefe, Bruyette, & Woods, Inc. Eastern Regional Bank Symposium. The press release is included herein as Exhibit 99.1.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

DATE: March 2, 2004

BY: /s/ JOHN W. TIETJEN

JOHN W. TIETJEN

Executive Vice President, Treasurer

and Chief Financial Officer

EXHIBIT INDEX

Exhibit

Number

99.1 Press Release dated March 1, 2004