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RECKSON ASSOCIATES REALTY CORP

Form 4

December 22, 2006

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB 3235-0287 Number:

January 31, Expires: 2005

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Estimated average response... 0.5

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * RICH F D III

2. Issuer Name and Ticker or Trading Symbol

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

RECKSON ASSOCIATES REALTY CORP [RA]

Director 10% Owner

3. Date of Earliest Transaction (Month/Day/Year) 12/20/2006

X_ Officer (give title _ Other (specify below) Exec. V.P., CAO

C/O RECKSON ASSOCIATES REALTY CORP, 225

(First)

BROADHOLLOW ROAD

4. If Amendment, Date Original

Applicable Line)

(Street) Filed(Month/Day/Year)

(Middle)

X Form filed by One Reporting Person Form filed by More than One Reporting

6. Individual or Joint/Group Filing(Check

Person

UNIONDALE, NY 11556

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securit ord Dispos (Instr. 3,	sed of	` '	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock (1)	12/20/2006		M	4,900	A	\$ 25.6666	50,382	D		
Common Stock (1)	12/20/2006		S	1,100	A	\$ 45.66	49,282	D		
Common Stock (1)	12/20/2006		S	620	A	\$ 45.68	48,662	D		
Common Stock (1)	12/20/2006		S	400	A	\$ 45.69	48,262	D		
	12/20/2006		S	800	A	\$ 45.7	47,462	D		

Common Stock (1)							
Common Stock (1)	12/20/2006	S	480	D	\$ 45.71	46,982	D
Common Stock (1)	12/20/2006	S	1,100	D	\$ 45.72	45,882	D
Common Stock (1)	12/20/2006	S	400	D	\$ 45.73	45,482	D
Common Stock (1)	12/20/2006	M	22,100	A	\$ 23	67,582	D
Common Stock (1)	12/20/2006	S	1,300	D	\$ 45.73	66,282	D
Common Stock (1)	12/20/2006	S	700	D	\$ 45.74	65,582	D
Common Stock (1)	12/20/2006	S	1,200	D	\$ 45.75	64,382	D
Common Stock (1)	12/20/2006	S	1,000	D	\$ 45.76	63,382	D
Common Stock (1)	12/20/2006	S	1,100	D	\$ 45.77	62,282	D
Common Stock (1)	12/20/2006	S	800	D	\$ 45.78	61,482	D
Common Stock (1)	12/20/2006	S	1,400	D	\$ 45.79	60,082	D
Common Stock (1)	12/20/2006	S	2,999	D	\$ 45.8	57,083	D
Common Stock (1)	12/20/2006	S	1,701	D	\$ 45.81	55,382	D
Common Stock (1)	12/20/2006	S	6,300	D	\$ 45.82	49,082	D
Common Stock (1)	12/20/2006	S	600	D	\$ 45.83	48,482	D
Common Stock (1)	12/20/2006	S	700	D	\$ 45.84	47,782	D
Common Stock (1)	12/20/2006	S	600	D	\$ 45.85	47,182	D
Common Stock (1)	12/20/2006	S	1,000	D	\$ 45.86	46,182	D
Common Stock (1)	12/20/2006	S	300	D	\$ 45.89	45,882	D
	12/20/2006	S	300	D	\$ 45.9	45,582	D

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Common Stock (1)

Common Stock $\frac{(1)}{2}$ 12/20/2006 S 100 D \$45.91 45,482 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Derivative Expiration Date Securities (Month/Day/Year) Acquired (A) or Disposed of (D) Instr. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy) (1)	\$ 25.666	12/20/2006		M		4,900	01/09/1998	01/09/2008	Common Stock	4,900
Employee Stock Option (Right to Buy) (1)	\$ 23	12/20/2006		M		22,100	02/23/2001	02/23/2011	Common Stock	22,100

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

RICH F D III C/O RECKSON ASSOCIATES REALTY CORP 225 BROADHOLLOW ROAD UNIONDALE, NY 11556

Exec. V.P., CAO

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Signatures

/s/ F.D. Rich III 12/22/2006

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On December 20, 2006, the registrant exercised employee stock options for an aggregate of 27,000 shares of common stock of Reckson Associates Realty Corp., and subsequently sold such shares in the open market.
- (2) N/A.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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