

RECKSON ASSOCIATES REALTY CORP
 Form 4
 December 22, 2006

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 BARNETT JASON

2. Issuer Name and Ticker or Trading Symbol
 RECKSON ASSOCIATES REALTY CORP [RA]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)
 12/21/2006

____ Director _____ 10% Owner
 Officer (give title below) Other (specify below)
 Sr. Exec. VP -- Corp. Init. / Gen. Counsel and Sec'y

C/O RECKSON ASSOCIATES REALTY CORP., 625 RECKSON PLAZA

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

UNIONDALE, NY 11556

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				Code	V Amount Price			
Common Stock ⁽¹⁾	12/21/2006		M	3,000	A \$ 21.7875	145,798	D	
Common Stock ⁽¹⁾	12/21/2006		S	27	D \$ 45.5	145,771	D	
Common Stock ⁽¹⁾	12/21/2006		S	45	D \$ 45.51	145,726	D	
Common Stock ⁽¹⁾	12/21/2006		S	30	D \$ 45.52	145,696	D	
	12/21/2006		S	24	D \$ 45.53	145,672	D	

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Common Stock <u>(1)</u>							
Common Stock <u>(1)</u>	12/21/2006	S	66	D	\$ 45.54	145,606	D
Common Stock <u>(1)</u>	12/21/2006	S	48	D	\$ 45.55	145,558	D
Common Stock <u>(1)</u>	12/21/2006	S	45	D	\$ 45.56	145,513	D
Common Stock <u>(1)</u>	12/21/2006	S	165	D	\$ 45.57	145,348	D
Common Stock <u>(1)</u>	12/21/2006	S	198	D	\$ 45.58	145,150	D
Common Stock <u>(1)</u>	12/21/2006	S	189	D	\$ 45.59	144,961	D
Common Stock <u>(1)</u>	12/21/2006	S	57	D	\$ 45.6	144,904	D
Common Stock <u>(1)</u>	12/21/2006	S	54	D	\$ 45.61	144,850	D
Common Stock <u>(1)</u>	12/21/2006	S	87	D	\$ 45.62	144,763	D
Common Stock <u>(1)</u>	12/21/2006	S	54	D	\$ 45.63	144,709	D
Common Stock <u>(1)</u>	12/21/2006	S	66	D	\$ 45.64	144,643	D
Common Stock <u>(1)</u>	12/21/2006	S	209	D	\$ 45.65	144,434	D
Common Stock <u>(1)</u>	12/21/2006	S	330	D	\$ 45.66	144,104	D
Common Stock <u>(1)</u>	12/21/2006	S	294	D	\$ 45.67	143,810	D
Common Stock <u>(1)</u>	12/21/2006	S	147	D	\$ 45.68	143,663	D
Common Stock <u>(1)</u>	12/21/2006	S	165	D	\$ 45.69	143,498	D
Common Stock <u>(1)</u>	12/21/2006	S	244	D	\$ 45.7	143,254	D
Common Stock <u>(1)</u>	12/21/2006	S	18	D	\$ 45.71	143,236	D
Common Stock <u>(1)</u>	12/21/2006	S	93	D	\$ 45.72	143,143	D
	12/21/2006	S	3	D	\$ 45.73	143,140	D

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Common Stock ⁽¹⁾							
Common Stock ⁽¹⁾	12/21/2006	S	6	D	\$ 45.77	143,134	D
Common Stock ⁽¹⁾	12/21/2006	S	6	D	\$ 45.78	143,128	D
Common Stock ⁽¹⁾	12/21/2006	S	12	D	\$ 45.8	143,116	D
Common Stock ⁽¹⁾	12/21/2006	S	3	D	\$ 45.81	143,113	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	
Employee Stock Option (Right to Buy) ⁽¹⁾	\$ 21.7875	12/21/2006		M	3,000	08/11/1998	08/11/2008	Common Stock	3,000

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
BARNETT JASON C/O RECKSON ASSOCIATES REALTY CORP.			Sr. Exec. VP -- Corp. Init.	Gen. Counsel and Sec'y

625 RECKSON PLAZA
UNIONDALE, NY 11556

Signatures

/s/ Jason Barnett

12/22/2006

__Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On December 21, 2006, the registrant exercised employee stock options for an aggregate of 3,000 shares of common stock of Reckson Associates Realty Corp., and subsequently sold such shares in the open market.
- (2) N/A.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.