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Form 4	uel E										
January 04,											
FORM	$\mathbf{M} 4_{\text{UNITED}}$	STATES S	FCU	DITIES /	ND FY	CHANCE		NT	OMB APPROVAL		
Washington, D.C. 20549							N OMB Number:	3235-028			
if no lo	this box				Expires:	January 3 ⁻ 200					
subject Section Form 4	to STATEN 16. or	MENT OF (Estimated burden hou response	average urs per							
Form 5 obligati may co <i>See</i> Inst 1(b).	ntinue. Section 17(a) of the Pu	ıblic U	tility Hol	ding Con		nge Act of 1934, of 1935 or Secti 940				
(Print or Type	e Responses)										
1. Name and Address of Reporting Person <u>*</u> Lewis Lemuel E			2. Issuer Name and Ticker or Trading Symbol OWENS & MINOR INC/VA/ [OMI]				Issuer				
(I+)						(Check all applicable)					
(Last) (First) (Middle) C/O OWENS & MINOR, INC., 9120 LOCKWOOD BOULEVARD			3. Date of Earliest Transaction (Month/Day/Year) 01/02/2019				X_Director10% Owner Officer (give titleOther (specify below)below)				
		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(CheckApplicable Line)_X_ Form filed by One Reporting Person					
MECHAN	ICSVILLE, VA 2	3116					Form filed by Person	More than One R	eporting		
(City)	(State)	(Zip)	Tab	le I - Non-l	Derivative	Securities A	cquired, Disposed	of, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Da any (Month/Day/	Code Disposed of (D)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
				Code V		(D) Price	(Instr. 3 and 4)				
Reminder: Re	eport on a separate line	e for each class	s of secu	irities bene	Perso inform requir	ns who res nation cont ed to respo	or indirectly. Spond to the colle ained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)		

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amount of	8. Price
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof	Expiration Date	Underlying Securities	Derivativ
Security	or Exercise		any	Code	Derivative	(Month/Day/Year)	(Instr. 3 and 4)	Security

number.

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(Instr. 3)	Price of Derivative Security	(Month/Day/Year)	(Instr. 8)	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)					(Instr. 5)	
			Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock	<u>(1)</u>	01/02/2019	А	479 (2)		<u>(1)</u>	<u>(1)</u>	Common Stock	479	\$ 6.5

Reporting Owners

Reporting Owner Name / Address							
	Director	10% Owner	Officer	Other			
Lewis Lemuel E C/O OWENS & MINOR, INC. 9120 LOCKWOOD BOULEVARD MECHANICSVILLE, VA 23116	X						
Signatures							
Lemuel E. Lewis by Rosemarie W. France,							
POA		01/04	4/2019				
**Signature of Reporting Person		I	Date				

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The shares of phantom stock are convertible on a 1-for-1 basis and become payable, in cash or common stock, at the election of the
(1) reporting person, upon the occurrence of one of the following (as elected in advance by the reporting person): (a) death, (b) disability, (c) termination of service as director, (d) specified future delivery date, or (e) the earliest to occur of (a), (b), (c) or (d).

(2) Shares acquired through quarterly dividend reinvestment transaction.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.