Howes Paul L Form 4 March 11, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Howes Paul L

2. Issuer Name and Ticker or Trading

Symbol

NEWPARK RESOURCES INC

[NR]

(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year)

03/08/2013

2700 RESEARCH FOREST DRIVE SUITE 100

(Street)

4. If Amendment, Date Original

Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

OMB

Number:

Expires:

response...

Estimated average

burden hours per

OMB APPROVAL

3235-0287

January 31,

2005

0.5

Issuer

below)

(Check all applicable)

X Director 10% Owner X_ Officer (give title _ Other (specify

President and CEO

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

THE WOODLANDS, TX 77381

(City)	(State)	(Zip) Tab	le I - Non-l	Derivative	Secur	ities Acqui	red, Disposed of	or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) tiomr Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)	(111511.4)	
Common Stock	03/08/2013		M	31,200	A	\$ 8.08	398,533	D	
Common Stock	03/08/2013		S	7,392 (1)	D	\$ 9.09	391,141	D	
Common Stock	03/08/2013		S	1,000 (1)	D	\$ 9.1	390,141	D	
Common Stock	03/08/2013		S	400 (1)	D	\$ 9.11	389,741	D	
Common Stock	03/08/2013		S	100 (1)	D	\$ 9.1101	389,641	D	

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Common Stock	03/08/2013	S	100 (1)	D	\$ 9.1104	389,541	D	
Common Stock	03/08/2013	S	5,000 (1)	D	\$ 9.1105	384,541	D	
Common Stock	03/08/2013	S	4,008 (1)	D	\$ 9.12	380,533	D	
Common Stock	03/08/2013	S	2,100 (1)	D	\$ 9.1201	378,433	D	
Common Stock	03/08/2013	S	1,000 (1)	D	\$ 9.13	377,433	D	
Common Stock	03/08/2013	S	5,100 (1)	D	\$ 9.14	372,333	D	
Common Stock	03/08/2013	S	5,000 (1)	D	\$ 9.15	367,333	D	
Common Stock						25,000	I	by Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	TransactionDerivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sh	
Non-Qualified Stock Option (right to buy)	\$ 8.08	03/08/2013		M	31,200	(2)	03/22/2013	Common Stock	31,2	

Reporting Owners

Reporting Owner Name / Address	Keiauonsnips					
	Director	10% Owner	Officer	Other		

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Howes Paul L 2700 RESEARCH FOREST DRIVE SUITE 100 X THE WOODLANDS, TX 77381

President and CEO

Signatures

By: Jennifer F Wilson For: Paul L Howes

03/11/2013

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The securities were sold pursuant to a Rule 10b5-1 Plan adopted by the Reporting Person in order to exercise an option grant which is expiring on March 22, 2013.
- (2) The shares underlying the option vested annually over three years beginning on the first anniversary of the date of grant. The option became fully exercisable on March 22, 2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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