Edgar Filing: Manion Mark D - Form 4

Manion Mark Form 4												
December 10										OMB A	PPROVAL	
FORM	4 UNITED S	TATES						NGE (COMMISSION		3235-0287	
Check this if no longe subject to Section 16 Form 4 or	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF									Expires: January 3 200 Estimated average burden hours per response 0.		
Form 5 obligation may conti <i>See</i> Instru- 1(b).	s Section 17(a	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section										
(Print or Type R	esponses)											
Manion Mark D Sym NC						Ficker or T		-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) THREE COM	(First) (M	iddle) ACE	$\frac{(Month/Day/Year)}{E} = \frac{12008}{20008} \frac{-X}{below}$							title 10% Owner below) V. P Operations		
Filed(Mont					th/Day/Year) Applicable _X_Form f					dual or Joint/Group Filing(Check e Line) n filed by One Reporting Person filed by More than One Reporting		
NORFOLK,		Zin)							Person			
(City)		Zip)			n-De			ties Aco	quired, Disposed of		-	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	emed 3. 4. Securities ion Date, if TransactionAcquired (A) o Code Disposed of (D v/Day/Year) (Instr. 8) (Instr. 3, 4 and (A))	5. Amount of Securities6. Ownership Form: Direct7. Nature IndirectBeneficially Owned(D) or Indirect (I)Beneficially OwnerFollowing Following Transaction(s)(Instr. 4)(Instr.				
_				Code	V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	12/08/2008			G	V	400	D	\$0	76,805	D		
Common Stock	12/08/2008			G	V	800	D	\$0	76,005	D		
Common Stock	12/08/2008			G	v	700	D	\$0	75,305	D		
Common Stock	12/08/2008			G	V	400	D	\$0	74,905	D		
Common Stock	12/08/2008			G	V	400	D	\$0	74,505	D		

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Common Stock	12/08/2008	G	V 400	D	\$0	74,105	D	
Common Stock	12/08/2008	G	V 400	D	\$0	73,705	D	
Common Stock	12/08/2008	G	V 400	D	\$0	73,305	D	
Common Stock	12/08/2008	G	V 400	D	\$0	72,905	D	
Common Stock	12/08/2008	G	V 400	D	\$0	72,505	D	
Common Stock	12/08/2008	G	V 400	D	\$0	72,105	D	
Common Stock	12/08/2008	G	V 400	D	\$0	71,705	D	
Common Stock	12/08/2008	G	V 400	D	\$0	71,305	D	
Common Stock	12/08/2008	G	V 400	D	\$0	70,905	D	
Common Stock	12/08/2008	G	V 400	D	\$0	70,505	D	
Common Stock	12/08/2008	G	V 400	D	\$0	70,105	D	
Common Stock						5,339 <u>(1)</u>	Ι	By 401(k) Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4.	5.	6. Date Exercisable and	7. Title and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration Date	Amount of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/Year)	Underlying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e	Securities	(Instr. 5)	Bene
	Derivative				Securities	S	(Instr. 3 and 4)		Owne
	Security				Acquired				Follo
					(A) or				Repo
					Disposed				Trans
					of (D)				(Instr
					(Instr. 3,				
					4, and 5)				
				Code V	(A) (D)		Title		

DateExpirationExercisableDate

Amount or Number of Shares

Reporting Owners

Reporting Owner Name / Address	Relationships							
1	Director	10% Owner	Officer	Other				
Manion Mark D THREE COMMERCIAL PLACE NORFOLK, VA 23510			Exec. V. P Operations					
Signatures								
H. D. McFadden, via P.O.A. for M	. D.							
Manion	12/10/2008							
**Signature of Reporting Person			Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Represents the approximate number of whole shares of Common Stock estimated -- on the basis of the unit accounting system used by the Plan Administrator -- as of December 8, 2008, to have been credited to the reporting person's account in the Norfolk Southern

(1) That Administrator is a sof December 8, 2008, to have been electricated to the reporting person's account in the Aviron Southern Corporation Thrift and Investment Plan (TIP), a trusteed 401(k) plan. In accordance with TIP's terms applicable to all participants, acquisitions were made at various times and at various prices.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.