Edgar Filing: BLOEM JAMES H - Form 4

BLOEM JA	MES H										
Form 4	11										
May 09, 2011								OMB APPROVAL			
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION								OMB	3235-0287		
Check this box Washington, D.C. 20549								Number:	January 31,		
if no longer subject to Section 16. Form 4 or				GES IN SECUR		CIA	L OWN	NERSHIP OF	Expires: Estimated a burden hour response	2005 average	
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type	Responses)										
BLOEM JAMES H Symbol				er Name and Ticker or Trading				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (Middle)	3. Date of Earliest Transaction				(Check an applicable)				
(Month/I HUMANA INC., 500 WEST MAIN 05/09/2 STREET			Day/Year) 2011				Director 10% Owner X Officer (give title Other (specify below) Sr. VP, CFO & Treasurer				
			nendment, Date Original				6. Individual or Joint/Group Filing(Check				
Filed(Mor			onth/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Executio any		(A)			of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Humana Common	05/09/2011			М	12,117	А	\$ 46.4	71,343	D		
Humana Common	05/09/2011			М	38,830	А	\$ 53.96	110,173	D		
Humana Common	05/09/2011			F	34,355	D	\$ 77.35	75,818	D		
Humana Common	05/09/2011			F	7,157	D	\$ 77.35	68,661	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	ransactiorDerivative ode Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options (1)	\$ 53.96	05/09/2011		М		38,830	(2)	02/23/2013	Humana Common	38,830
Options (1)	\$ 62.1						(3)	02/22/2014	Humana Common	45,415
Options (1)	\$ 69.475						(4)	02/21/2015	Humana Common	47,875
Options (1)	\$ 41.83						(5)	02/19/2016	Humana Common	22,576
Options (1)	\$ 46.4	05/09/2011		М		12,117	(6)	02/18/2017	Humana Common	12,117
Options (1)	\$ 61.18						(7)	02/17/2018	Humana Common	22,767
Restricted Stock Units (8)	<u>(9)</u>						(10)	(10)	Humana Common	5,149

Reporting Owners

Reporting Owner Name / Address			Relationships	ips		
I O O O O O O O O O O O O O O O O O O O	Director 10% Own		Officer	Other		
BLOEM JAMES H						
HUMANA INC.			Sr. VP, CFO & Treasurer			
500 WEST MAIN STREET			SI. VI, CIO & Heasulei			
LOUISVILLE, KY 40202						

Signatures

James H. Bloem

05/09/2011

<u>Signature</u> of	
Reporting Person	

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Right to buy pursuant to the Company's 2003 Stock Incentive Plan.
- (2) Incentive and Non-Qualified stock options granted to reporting person on 2/23/06, NQ options vesting in three increments from 2/23/07 to 2/23/09, and ISO's vesting on 2/23/09.
- (3) Incentive and Non-Qualified stock options granted to reporting person on 2/22/07, NQ options vesting in three increments from 2/22/08 to 2/22/10, and ISO's vesting on 2/22/10.
- (4) Incentive and Non-Qualified stock options granted to reporting person on 2/21/08, NQ options vesting in three increments from 2/21/09 to 2/21/11, and ISO's vesting on 2/21/11.
- (5) Reporting person was granted the maximum number of Incentive stock options allowed and remaining options were granted as Non-Qualified stock options. The option grant vests in three increments from 2/19/10 to 2/19/12.
- (6) Reporting person was granted the maximum number of Incentive stock options allowed and remaining options were granted as Non-Qualified stock options. The option grant vests in three increments from 2/18/11 to 2/18/13.
- (7) Reporting person was granted the maximum number of Incentive stock options allowed and remaining options were granted as Non-Qualified stock options. The option grant vests in three increments from 2/17/12 to 2/17/14.
- (8) Right to receive one share per restricted stock unit pursuant to the Company's 2003 Stock Incentive Plan.
- (9) Each restricted stock unit represents a contingent right to receive one share of Humana Inc. common stock, exempt under Rule 16b-3(d)(1) & (3).
- (10) Restricted stock units granted to reporting person on 2/17/11, 100% of the award is vesting on 2/17/14.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.