Fresh Marke Form 4	et, Inc.										
April 27, 20	16										
<u> </u>	ЛЛ							OMB AF	PROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287		
	Check this box if no longer							Expires: January 31, 2005			
subject t	SIAIEM	STATEMENT OF CHANGES IN BENEFICIAL OWNERS						Estimated average			
Section Form 4 of		SECURITIES						burden hours per response 0.5			
Form 5	Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,										
obligations may continue. Section 17(a) of the Public Utility Holding Company Act of 1935 or Section											
See Instruction 30(h) of the Investment Company Act of 1940											
1(b).											
(Print or Type	Responses)										
						5. Relationship of Issuer	Reporting Pers	on(s) to			
CASET MI	Market, Inc. [TFM]				155401						
(Last)	(First) (N	f Earliest Transaction				(Check all applicable)					
(Lust)	,	th/Day/Year)				Director 10% Owner					
628 GREE	04/22/2	-			Officer (give t below)	itle Othe below)	r (specify				
ROAD, SU	ITE 500										
			endment, Date Original				6. Individual or Joint/Group Filing(Check				
	onth/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person						
GREENSB	ORO, NC 27408						Form filed by M Person				
(City)	(State)	(Zip) Tabl	le I - Non-Dei	rivative Se	ecuriti	es Acqu	iired, Disposed of,	or Beneficiall	y Owned		
1.Title of Security	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if	3. Transaction				5. Amount of Securities	6. Ownership	7. Nature of Indirect		
(Instr. 3)	(11011112 a), 10a)	any	Code	(D)			Beneficially	Form: Direct			
		(Month/Day/Year)	(Instr. 8)	(Instr. 3,	4 and	5)	Owned Following	(D) or Indirect (I)	Ownership (Instr. 4)		
					(A)		Reported	(Instr. 4)			
					or		Transaction(s) (Instr. 3 and 4)				
Common				Amount	(D)	Price \$	(
stock	04/22/2016		$U^{(1)(2)}$	149	D	ф 28.5	0	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number onof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	e Expiration D	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted stock units	<u>(3)</u>	04/27/2016		D <u>(4)</u>	2,768	(4)	(4)	Common stock	2,768	\$ 2

Reporting Owners

Reporting Owner Name / Address		Relationsh	nips	
	Director	10% Owner	Officer	Other
CASEY MICHAEL DENNIS 628 GREEN VALLEY ROAD SUITE 500 GREENSBORO, NC 27408				
Signatures				
/s/ Eric Hardin, attorney-in-fact	04/2	7/2016		
**Signature of Reporting Person	D	ate		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Pursuant to the terms of the Agreement and Plan of Merger, dated March 11, 2016, by and among The Fresh Market, Inc., Pomegranate Holdings, Inc., and Pomegranate Merger Sub, Inc. (the "Merger Agreement"), each outstanding share of common stock of The Fresh

- (1) Holdings, inc., and Fonegranae Werger Sub, inc. (the Werger Agreement), each outstanding share of common stock of the rest Market, Inc. at the Effective Time as defined in the Merger Agreement (the "Effective Time") was converted automatically into the right to receive \$28.50 per share, in cash, without interest (the "Merger Consideration").
- (2) On March 25, 2016, Pomegranate Merger Sub, Inc. made an offer to purchase each outstanding share of The Fresh Market, Inc.'s common stock for the Merger Consideration (the "Offer"). The shares shown on this line were tendered in the Offer.

Each restricted stock unit ("RSU") represents the right to receive one share of common stock of The Fresh Market, Inc. on the vesting(3) date, provided that the holder of the RSU continues to provide services to The Fresh Market, Inc. or its affiliates through the relevant vesting date.

The RSUs were granted on June 3, 2015 and vest on the earlier of (i) the first anniversary of the grant date and (ii) the first annual meeting of stockholders of The Fresh Market, Inc. after the grant date. Pursuant to the Merger Agreement, each RSU outstanding

(4) immediately prior to the Effective Time was canceled and the holder thereof became entitled to receive solely, in full satisfaction of the rights of such holder with respect thereto, a lump-sum cash payment equal to the product of (i) the number of RSUs immediately prior to the Effective Time and (ii) the Merger Consideration.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number. ="1">(iii)

Reporting Owners

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Sole power to dispose or to direct the disposition of:

3121891 **see Note 1**

(iv)

Shared power to dispose or to direct the disposition of:

0

** Note 1 ** Dimensional Fund Advisors LP (formerly, Dimensional Fund Advisors Inc.) (Dimensional), an investment advisor registered under Section 203 of the Investment Advisors Act of 1940, furnishes investment advice to four investment companies registered under the Investment Company Act of 1940, and serves as investment manager to certain other commingled group trusts and separate accounts. These investment companies, trusts and accounts are the Funds. In its role as investment advisor or manager, Dimensional possesses investment and/or voting power over the securities of the Issuer described in this schedule that are owned by the Funds, and may be deemed to be the beneficial owner of the shares of the Issuer held by the Funds. However, all securities reported in this schedule are owned by the Funds. Dimensional disclaims beneficial ownership of such securities. In addition, the filing of this Schedule 13G shall not be construed as an admission that the reporting person or any of its affiliates is the beneficial owner of any securities covered by this Schedule 13G for any other purposes than Section 13(d) of the Securities Exchange Act of 1934.

Item 5. Ownership of Five Percent or Less of a Class

If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following [X].

Item 6. Ownership of More than Five Percent on Behalf of Another Person.

The Funds described in Note 1 above have the right to receive or the power to direct the receipt of dividends from, or the proceeds from the sale of, the securities held in their respective accounts. To the knowledge of Dimensional, the interest of any one such Fund does not exceed 5% of the class of securities. Dimensional disclaims beneficial ownership of all such securities.

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on By the Parent Holding Company or Control Person.

N/A

Item 8. Identification and Classification of Members of the Group

N/A

Item 9. Notice of Dissolution of Group

N/A

Item 10. Certification

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired and are held in the ordinary course of business and were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

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SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

DIMENSIONAL FUND ADVISORS LP

February 6, 2008

Date

By: Dimensional Holdings Inc., General Partner

/s/ Christopher Crossan

Signature

Global Chief Compliance Officer

Title