

Garrett Thomas A
 Form 3
 September 10, 2007

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL
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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
 Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *

Garrett Thomas A
 (Last) (First) (Middle)

ARBY'S RESTAURANT GROUP, INC., 1155 PERIMETER CENTER WEST
 (Street)

ATLANTA, GA 30338
 (City) (State) (Zip)

2. Date of Event Requiring Statement

(Month/Day/Year)
 09/01/2007

3. Issuer Name and Ticker or Trading Symbol
 TRIARC COMPANIES INC [TRY;TRY.B]

4. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

___ Director ___ 10% Owner
 Officer ___ Other
 (give title below) (specify below)
 EVP & Chief Operating Officer

5. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)

Class B Common Stock, Series 1

2. Amount of Securities Beneficially Owned (Instr. 4)

566,106 ⁽¹⁾

3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)

D

4. Nature of Indirect Beneficial Ownership (Instr. 5)

A

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)

2. Date Exercisable and Expiration Date (Month/Day/Year)

3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)

4. Conversion or Exercise Price of Derivative

5. Ownership Form of Derivative Security:

6. Nature of Indirect Beneficial Ownership (Instr. 5)

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	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Security	Direct (D) or Indirect (I) (Instr. 5)	
Employee Stock Option (right to buy) ⁽²⁾	Â ⁽³⁾	07/25/2015	Class B Common Stock, Series 1	334,331	\$ 7.1164	D	Â
Employee Stock Option (right to buy) ⁽²⁾	Â ⁽⁴⁾	04/28/2016	Class B Common Stock, Series 1	10,000	\$ 16.22	D	Â
Employee Stock Option (right to buy) ⁽²⁾	Â ⁽⁵⁾	05/23/2017	Class B Common Stock, Series 1	50,000	\$ 15.84	D	Â
Employee Stock Option (right to buy) ⁽²⁾	Â ⁽³⁾	07/25/2015	Class B Common Stock, Series 1	203,328	\$ 4.0397	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Garrett Thomas A ARBY'S RESTAURANT GROUP, INC. 1155 PERIMETER CENTER WEST ATLANTA, GA 30338	Â	Â	Â EVP & Chief Operating Officer	Â

Signatures

/s/ Garrett,
Thomas A. 09/10/2007

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
 - ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- In connection with the acquisition of RTM Restaurant Group, Inc. (RTM) and certain affiliated entities (the RTM Acquisition) by Triarc Companies, Inc. (Triarc), the reporting person received as consideration 551,106 shares of Triarc's Class B Common Stock, Series 1. Of the 551,106 shares issued to the reporting person in the acquisition, 29,508 shares are being held in escrow to secure the reporting person's indemnification obligations under the definitive agreements related to the RTM Acquisition.
- (1) With tandem net exercise and tax withholding rights.
 - (2) The options were fully vested as of October 19, 2006.
 - (3) The option vests in three equal installments. One-third of the options vested on April 28, 2007. One-third of the options will vest on each of April 28, 2008 and 2009.

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(5) The option vests in three equal installments on May 23, 2008, 2009 and 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure.

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