Edgar Filing: LANDY EUGENE W - Form 4

Form 4											
March 29, 2											
FORM	A 4 UNITED	STATES						COMMISSIO		3 APPROVAL 3235-0287	
Check t if no lor subject Section Form 4 Form 5 obligation may con <i>See</i> Inst 1(b).	nger to 16. or Filed pu ons stinue.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section								January 31, 2005 ed average hours per e 0.5	
(Print or Type	Responses)										
LANDY EUGENE W Symbol MON				MOUTH	nd Ticker REAL Ε Γ CORP	ESTA	TE	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Mon				Date of Earliest Transaction Ionth/Day/Year) 5/28/2019				X Director 10% Owner X Officer (give title Other (specify below) below) Chairman of the Board			
FREEHOL	(Street) D, NJ 07728			nendment, onth/Day/Y	Date Origi ear)	nal		6. Individual or Applicable Line) _X_ Form filed b Form filed by Person	-	ng Person	
(City)	(State)	(Zip)	Tal	ble I - Nor	n-Derivativ	ze Seci	urities Ac	quired, Disposed	of, or Benefi	icially Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deema Execution any (Month/Da	ed Date, if	3. Transacti Code (Instr. 8)	4. Securi ion(A) or D (Instr. 3,	ities Adispose 4 and (A) or	cquired d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
MNR Common Stock	03/28/2019			G	4,500 (1)	D	\$ 13.36	894,643.502	D		
MNR Common Stock								179,405	I	Eugene W. Landy and Gloria Landy Family Foundation	
MNR Common Stock								41,594.264	I	Juniper Plaza Associates	

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MNR Common Stock						31,248.185	Ι	Windsor Industria Park Associat	ıl	
MNR Common Stock						97,913.57	Ι	Spouse		
MNR Common Stock						13,048	Ι	Landy Investme Ltd.	ents,	
MNR Common Stock						180,293.62	I	Landy & Landy Employe Pension	es'	
MNR Common Stock						213,426.81	9 I	Landy & Landy Employe Profit Sharing I	ees'	
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.										
			tive Securities Acqu uts, calls, warrants,				vned			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		Code	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		e	7. Title and J Underlying ((Instr. 3 and	Securities	8. Pi Deri Secu (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option to Purchase Common Stock	\$ 12.86					01/10/2020	01/10/2027	MNR Common Stock	65,000	

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Qualified Stock Option to Purchase Common Stock	\$ 17.8	01/03/2019	01/03/2026	MNR Common Stock	65,000
Qualified Stock Option to Purchase MNR Common Stock	\$ 15.04	01/04/2018	01/04/2025	MNR Common Stock	65,000
Qualified Stock Option to Purchase MNR Common Stock	\$ 10.37	01/05/2017	01/05/2024	MNR Common Stock	65,000
Qualified Stock Option to Purchase MNR Common Stock	\$ 11.16	01/05/2016	01/05/2023	MNR Common Stock	65,000
Qualified Stock Option to Purchase Common Stock	\$ 8.94	01/03/2015	01/03/2022	MNR Common Stock	65,000
Qualified Stock Option to Purchase Common Stock	\$ 10.46	01/03/2014	01/03/2021	MNR Common Stock	65,000
Qualified Stock Option to Purchase Common Stock	\$ 9.33	01/03/2013	01/03/2020	MNR Common Stock	65,000

Reporting Owners

Reporting Owner Name / Addr	ess	Relationships							
	Director	10% Owner	Officer	Other					
LANDY EUGENE W 3499 RT. 9 NORTH SUITE 3D FREEHOLD, NJ 07728	Х		Chairman of the Board						
Signatures									
Eugene W. Landy	03/29/2019								
**Signature of	Date								

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Intra-Family Gift Transfer.

Reporting Person

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.