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|\_ | Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 7.01 Regulation FD Disclosure.

Energy Income and Growth Fund (the "Fund") is filing herewith a power point presentation to be discussed on a conference call the Fund is hosting with Energy Income Partners L.P., the Fund's investment sub-advisor, on June 30, 2010 at 4:15 P.M. Eastern Time. The purpose of the call is for the Fund's portfolio management team to provide an update for the Fund. The dial-in numbers and replay numbers are as follows:

- Dial-in Numbers: (866) 865-6631; International (706) 679-1727; and Passcode # 83961569. Please call 10 to 15 minutes before the scheduled start of the teleconference.
- Telephone Replay: (800) 642-1687; International (706) 645-9291; and Passcode # 83961569. The replay will be available after the call until 11:59 P.M. Eastern Time on Friday, July 30, 2010.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit Number	Description
99.1	PowerPoint presentation of First Trust Advisors, L.P. and Energy Income Partners L.P. dated June 30, 2010.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: June 28, 2010

ENERGY INCOME AND GROWTH FUND

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By: /s/ W. Scott Jardine

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Name: W. Scott Jardine

Title: Secretary

EXHIBIT INDEX

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