

LAROCHE RICHARD F JR
Form 4
November 13, 2018

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287
Expires: January 31, 2015
Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
LAROCHE RICHARD F JR

2. Issuer Name and Ticker or Trading Symbol
NATIONAL HEALTHCARE CORP
[NHC]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
100 VINE STREET

(Street)

3. Date of Earliest Transaction
(Month/Day/Year)
11/08/2018

Director 10% Owner
 Officer (give title below) Other (specify below)

MURFREESBORO, TN 37130

(City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D) Code V Amount (D) Price			
Common Stock - Held in my name or my wife's name					194,720	D	
Common Stock - Family LP (BFLP)					29,523	I	General Partner
Common Stock - Fam. Partnership					31,698	D	

(LR Ent.)

Common
Stock - Fam.
Partnership
(LFLP)

96,000

I

General
Partner

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares
					Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	(A)	(D)	Date Exercisable	Expiration Date		
Option to purchase common stock	\$ 52.93	11/08/2018		D ⁽¹⁾		7,500		<u>(1)</u>	05/07/2019	Common Stock	7,500
Option to purchase common stock	\$ 52.93	11/08/2018		A ⁽¹⁾	7,500			<u>(1)</u>	05/07/2019	Common Stock	7,500
Option to purchase common stock	\$ 61.25	11/08/2018		D ⁽¹⁾		7,500		<u>(1)</u>	05/06/2020	Common Stock	7,500
Option to purchase common stock	\$ 61.25	11/08/2018		A ⁽¹⁾	7,500			<u>(1)</u>	05/06/2020	Common Stock	7,500
Option to purchase common stock	\$ 62.78	11/08/2018		D ⁽¹⁾		7,500		<u>(1)</u>	06/01/2021	Common Stock	7,500
Option to purchase common stock	\$ 62.78	11/08/2018		A ⁽¹⁾	7,500			<u>(1)</u>	06/01/2021		7,500

