SPIRIT REALTY CAPITAL, INC.

Form 4

value

\$0.01 per share

12/01/2016

December 02, 2016

FORM	ЛД								OMB AF	PPROVAL	
	UNITED	STATES		RITIES A shington,			IGE CO	OMMISSION	OMB Number:	3235-0287	
Check t if no loa	ngar		- ~			. ~			Expires:	January 31, 2005	
subject Section	subject to Section 16. Form 4 or STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							Estimated a burden hou response	average		
obligati may con <i>See</i> Inst 1(b).	ons ntinue. Section 170	(a) of the I	Public U		ding Con	npany	Act of	1935 or Section	ı		
Print or Type	Responses)										
	Address of Reporting HOMAS H JR	Person *	Symbol	r Name and				5. Relationship of Issuer (Check	Reporting Pers		
INC., 2727	(First) (T REALTY CAP 7 N. HARWOOD SUITE 300	Middle)		f Earliest Ti Day/Year) 2016	ransaction			_X_ Director _X_ Officer (give below) Chief E		Owner er (specify eer	
				(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
DALLAS,	TX 75201							Form filed by Moreon	ore than One Re	porting	
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative S	Securit	ies Acqu	ired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any (Month/Da	Date, if	Code (Instr. 3, 4 and 5) (Instr. 8) (A) or))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock, par						D	ф				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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15,000

(1)

10.441

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843,186

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	le and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	orNumber	Expiration D	ate	Amou	int of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ities	(Instr. 5)	Bene
	Derivative				Securities			(Instr.	3 and 4)		Owne
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									Amount		
						Date	Expiration	Title	or Number		
						Exercisable	Date		of		
				Codo V	(A) (D)				Shares		
				Code v	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
NOLAN THOMAS H JR C/O SPIRIT REALTY CAPITAL, INC. 2727 N. HARWOOD STREET, SUITE 300 DALLAS, TX 75201	X		Chief Executive Officer				

Signatures

/s/ Phillip Joseph D. Jr., as attorney-in-fact for Thomas H. Nolan, Jr. 12/02/2016

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Sales made pursuant to a previously established Rule 10b5-1 plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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