Giberga Samuel A Form 4 February 19, 2019

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

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OMB APPROVAL

if no longer subject to Section 16. Form 4 or Form 5

obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Giberga Samuel A

2. Issuer Name and Ticker or Trading

Symbol

HORNBECK OFFSHORE SERVICES INC /LA [HOS] 5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

Executive VP & General Counsel

(Last)

(First) (Middle)

(Zip)

3. Date of Earliest Transaction

Director 10% Owner Other (specify X_ Officer (give title below)

103 NORTHPARK BOULEVARD,

(Street)

(State)

SUITE 300

(City)

4. If Amendment, Date Original

Filed(Month/Day/Year)

(Month/Day/Year)

02/14/2019

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

COVINGTON, LA	70433
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(City)	(State) (El	Table 1	I - Non-De	rivative Se	curitio	es Acqui	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following	Securities Ownership Beneficially Form: Direct Owned (D) or	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
COMMON STOCK	02/14/2019		M	13,658	A	<u>(1)</u>	204,110	D	
COMMON STOCK	02/14/2019		D	13,658	D	\$ 1.44 (1)	190,452	D	
COMMON STOCK	02/14/2019		F	4,033 (2)	D	\$ 1.57	186,419	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4. 5. Number of		6. Date Exercisable and		7. Title and Amount of		
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionDerivative		Expiration Date		Underlying Securities		
Security	or Exercise		any	Code	Code Securities		(Month/Day/Year)		(Instr. 3 and 4)	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acqu	ired (A)				
	Derivative				or Di	sposed of				
	Security				(D)					
					(Instr	: 3, 4,				
					and 5	5)				
										Amount
							Date	Expiration	TC: 41	or
							Exercisable	Date	Title	Number
				Code V	(A)	(D)				of Shares
PHANTOM							(1)	(1)	COMMON	
STOCK	<u>(1)</u>	02/14/2019		M		13,658	<u>(1)</u>	<u>(1)</u>	STOCK	13,658

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Giberga Samuel A

103 NORTHPARK BOULEVARD, SUITE 300 COVINGTON, LA 70433

Executive VP & General Counsel

Signatures

/s/ Beth A. LaBrosse as POA for Samuel A. Giberga

02/19/2019

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents the one-third vesting and cash settlement of a time-vest phantom stock unit award with a Grant Date of February 14, 2017.

 Each phantom unit is the economic equivalent of one share of the Company's Common Stock. The phantom shares are payable in cash or stock at the election of the Company. Cash awards are based on a 10 day trailing average of the market price of the Company's stock on the vesting date. No shares were actually issued, converted, or sold in connection with this transaction.
- (2) Disposition of these shares represents payment of tax liability by delivering or withholding securities incident to the vesting of a restricted stock unit award issued in accordance with Rule 16b-3.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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