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Timmermar Form 4	ns Ted T										
May 23, 20	14 UNITED	STATES				AND EX(, D.C. 20		NGE CO	OMMISSION	OMB A OMB Number:	PPROVAL 3235-0287
Check th if no lon subject to Section Form 4 Form 5 obligation may con See Insta 1(b).	nger 16. or Dns ttinue. Section 17(STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section a 20(b) of the Investment Company Act of 1040 									
(Print or Type	Responses)										
1. Name and a Timmerma	Address of Reporting ns Ted T	Person <u>*</u>	Symbol	AMS		d Ticker or MPANIE			5. Relationship of l Issuer (Check	Reporting Per	
(Last) ONE WILI	(First) (Middle)	3. Date of (Month/I 05/22/2	Day/Yea		ransaction			Director X Officer (give below) VP, Con		6 Owner er (specify AO
TULSA, O	(Street) K 74172		4. If Ame Filed(Mo			ate Origina r)	1		6. Individual or Joi Applicable Line) _X_ Form filed by O Form filed by M	ne Reporting Pe	erson
(City)	(State)	(Zip)	Tab	le I - N	o n-]	Derivative	Secur		Person ired, Disposed of,	or Beneficial	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deem Execution any (Month/Da	ed Date, if	3.	etic 8)		es Ac ed of (quired (A) D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	05/22/2018			М		12,392	A	\$ 8.85	27,347	D	
Common Stock	05/22/2018			S		6,461	D	\$ 28.07	20,886	D	
Common Stock	05/22/2018			S		5,131	D	\$ 28.08	15,755	D	
Common Stock	05/22/2018			S		100	D	\$ 28.081	15,655	D	
Common Stock	05/22/2018			S		700	D	\$ 28.085	14,955	D	

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Common stock						777	Ι	By Company Plan			
Reminder: Re	port on a separ	rate line for each class	s of securities benefic	Persons informat required	who respon tion containe to respond a currently	lirectly. d to the colle d in this form unless the for valid OMB co	n are not rm	SEC 1474 (9-02)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	ution Date, if Transaction Code		nber 6. Date Exercisable and ivative Expiration Date ties (Month/Day/Year) red sed of 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			
				Code V		Date Exercisable	Expiration Date	Title	Amount or Number of Shares		
Employee								G			

Employee Options (Right to Buy)	\$ 8.85	05/22/2018	М	4,928	02/23/2011	02/23/2019	Common Stock	4,928
Employee Options (Right to Buy)	\$ 8.85	05/22/2018	М	7,464	02/23/2012	02/23/2019	Common Stock	7,464

Reporting Owners

Reporting Owner Name / Address	Relationships					
r o	Director	10% Owner	Officer	Other		
Timmermans Ted T ONE WILLIAMS CENTER TULSA, OK 74172			VP, Controller, and CAO			
Signatures						
Cher S. Lawrence, Attorney-in-Fact		05/23/2018				
<u>**</u> Signature of Reporting Person		Date				

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.