Sprouts Farmers Market, Inc.

Form 4

March 11, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005 Estimated average

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

burden hours per response... 0.5

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See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1 Name and Address of Departing De

1. Name and Address of Reporting Person * Frumkin Theodore Edward II			2. Issuer Name and Ticker or Trading Symbol				5	5. Relationship of Reporting Person(s) to Issuer			
			Sprout	Sprouts Farmers Market, Inc. [SFM]				(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction					(Check un applicable)			
5455 EAST	Г HIGH STREE	T, SUITE	(Month/) 03/09/2	Day/Year) 2016	•			Director _X Officer (give telow) Chief Dev		Owner r (specify	
	(Street)		4. If Am	endment,	Date Origin	al	6.	. Individual or Joi	nt/Group Filin	g(Check	
			Filed(Mo	onth/Day/Y	ear)			pplicable Line) X_ Form filed by Or			
PHOENIX	, AZ 85054							Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tab	ole I - Nor	-Derivativ	e Secu	rities Acquii	red, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year		Date, if	3. Transact Code (Instr. 8)	ioror Dispos (Instr. 3,	sed of 4 and 3		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock, par value \$0.001 per share	03/09/2016			M	7 Amount 18,000	` '	\$ 6.9155	25,390	D		
Common Stock, par value \$0.001 per share	03/09/2016			S	18,000	D	\$ 27.8057	7,390	D		
Common Stock, par	03/10/2016			M	18,667	A	\$ 6.9155	26,057	D		

value \$0.001 per share

Common

Stock, par

03/10/2016 S 18,667 D

 $27.1566 \quad 7,390 \, \frac{(3)}{}$ value \$0.001 per

share

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	TransactionDerivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option (right to buy)	\$ 6.9155	03/09/2016		M	18,000	<u>(4)</u>	12/21/2019	Common stock, par value \$0.001 per share	18,000	
Stock Option (right to buy)	\$ 6.9155	03/10/2016		M	18,667	<u>(4)</u>	12/21/2019	Common stock, par value \$0.001 per share	18,667	

Reporting Owners

Reporting Owner Name / Address	Relationships						
1 8	Director	10% Owner	Officer	Other			
Frumkin Theodore Edward II 5455 EAST HIGH STREET SUITE 111			Chief Development Officer				

2 Reporting Owners

PHOENIX, AZ 85054

Signatures

/s/ Brandon F. Lombardi, Attorney-in-Fact for Theodore E. Frumkin

03/11/2016

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The reported price in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$27.80 to \$27.87 per share, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- The reported price in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$26.84 to \$27.66 per share, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
 - Amount includes 1,043 shares of common stock, 3,178 restricted stock units and 3,169 performance share awards. Each restricted stock unit and performance share award represent the right to receive, upon vesting, one share of common stock. 814 restricted stock units will
- vest on March 4, 2017, and the remaining 2,364 restricted stock units will vest over three years, with one-third vesting on March 4, 2017; one-third vesting on March 4, 2018; and the remaining one-third vesting on March 4, 2019, assuming continued employment through such dates. The performance share awards will vest over two years, with one-half vesting on March 11, 2017 and the remaining one-half vesting on March 11, 2018, assuming continued employment through such dates.
- (4) All such options are presently exercisable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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