PARALLEL PETROLEUM CORP

Form 4

October 26, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB asset

OMB APPROVAL

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obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. See Instruction 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * ORING MARTIN B			2. Issuer Name and Ticker or Trading Symbol PARALLEL PETROLEUM CORP [PLLL]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 1004 N. BIC	(First) G SPRING, SUI	(Middle) $\Gamma E \ 400$	3. Date of Earliest Transaction (Month/Day/Year) 10/22/2009			X Director 10% Owner Officer (give title below) Other (specify below)					
MIDLAND,	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Tabl	e I - Nor	n-D	erivative S	Securi	ties Acq	uired, Disposed o	of, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year) Executio any	med n Date, if Day/Year)	Code (Instr. 8		4. Securiti n(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, \$.01 par value	10/22/2009			D	•	82,019	` '	\$ 3.15	0	I	Limited Liability Company
Common Stock, \$.01 par value	10/22/2009			D		59,076	D	\$ 3.15	0	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amo Underlying Secu (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Ar or Nu of
Non-Employee Director Stock Option (right to buy)	\$ 12.27	10/22/2009		D	25,000	08/23/2006	08/23/2015	Common Stock	25
Non-Employee Director Stock Option (right to buy)	\$ 12.27	10/22/2009		D	25,000	08/23/2006	08/23/2015	Common Stock	25

Reporting Owners

Reporting Owner Name / Address		Relation	ships	
	~.	4000 0		

Director 10% Owner Officer Other

ORING MARTIN B 1004 N. BIG SPRING, SUITE 400 X MIDLAND, TX 79701

Signatures

/s/ Martin B. 10/23/2009 Oring

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

In connection with the transactions contemplated by an Agreement and Plan of Merger, dated as of September 15, 2009, by and among Parallel Petroleum Corporation, PLLL Acquisition Co. and PLLL Holdings, LLC, as amended by Amendment No. 1 to Agreement and Plan of Merger, dated as of October 13, 2009 (the "Merger"), these options were canceled in exchange for a lump sum cash payment equal to \$10.00.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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