PRENG DAVID E

Form 4

January 19, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

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response...

subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Stock

(Print or Type Responses)

See Instruction

1. Name and A PRENG DA	2. Issuer Name and Ticker or Trading Symbol REMINGTON OIL & GAS CORP [REM]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) 8201 PREST	(First) (FON ROAD, SU	Middle) ITE 600	3. Date of Earliest Transaction (Month/Day/Year) 06/30/2005				X Director 10% Owner Officer (give title below) Other (specify below)					
	(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Penorting				
DALLAS, T							Form filed by More than One Reporting Person					
(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)	any		med on Date, if Day/Year)			4. Securities Acquired n(A) or Disposed of (D) (Instr. 3, 4 and 5)		Securities Beneficially Owned Following Reported	(D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	V	Amount	or	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock	06/30/2005			A		766	A	\$ 35.7	247,073	D		
Common Stock	09/30/2005			A	V	442	A	\$ 41.5	247,515	D		
Common Stock	12/31/2005			A	V	893	A	\$ 36.5	248,408	D		
Common	01/17/2006			A		4,776	A	\$0	253,184	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4.	5.	6. Date Exer		7. Titl		8. Price of	9. Nu
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transact Code (Instr. 8)	ofNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	5		Amou Under Secur (Instr.	rlying	Derivative Security (Instr. 5)	Deriv Secur Bene Own Follo Repo Trans (Instr
				Code V	7 (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

PRENG DAVID E 8201 PRESTON ROAD, SUITE 600 X DALLAS, TX 75225

Signatures

/s/ David E. Preng by W. Jefferson Burnett as Attorney in Fact 01/19/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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