TOWN SPORTS INTERNATIONAL HOLDINGS INC Form 8-K April 16, 2014

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d)

of the Securities Exchange Act of 1934

Date of Report (date of earliest event reported): April 16, 2014 (April 15, 2014)

TOWN SPORTS INTERNATIONAL HOLDINGS, INC.

(Exact Name of Registrant as Specified in Charter)

Delaware (State or Other Jurisdiction **000-52013** (Commission

20-0640002 (IRS Employer

of Incorporation)

File Number)

Identification Number)

5 Penn Plaza (4th Floor), New York, New York 10001

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(Address of Principal Executive Offices, Including Zip Code)

(212) 246-6700

(Registrant s telephone number, including area code)

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- " Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- " Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- " Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- "Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4c))

Item 8.01 Other Events.

On April 15, 2014, the Board of Directors of the Company declared a dividend of \$0.16 per share (the Dividend). The Dividend is payable on June 5, 2014 to shareholders of record at the close of business on May 22, 2014. The aggregate amount of the payment to be made in connection with the Dividend will be approximately \$3.9 million, based upon shares of common stock outstanding as of April 10, 2014. The Board of Directors also authorized the payment to optionholders, including our named executive officers, of a cash bonus of \$0.16 for each vested, in-the-money outstanding option.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

TOWN SPORTS INTERNATIONAL

HOLDINGS, INC.

(Registrant)

Date: April 16, 2014

By: /s/ David M. Kastin
David M. Kastin

Senior Vice President General Counsel