CONTINENTAL RESOURCES INC

Form 4 March 03, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

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0.5

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OMB APPROVAL

if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Ad SANDERS H		ting Person *	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer				
			CONTINENTAL RESOURCES INC [CLR]	(Check all applicable)				
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	X Director 10% Owner Officer (give title Other (specify				
P.O. BOX 1032, 302 N. INDEPENDENCE			02/28/2008	below) below)				
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check				
ENID, OK 73702			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Table I Now Design County of the Asset					

(City)	(State)	(Zip)	Table I. No. Don't de Cometé a Assertad D'escala Com Describil Com d

(,)	()	Table	e I - Non-D	erivative S	securi	ties Acqu	nrea, Disposea of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	ies Acquired sposed of (D) 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock	02/28/2008		A	10,000	A	\$0	23,000 (1)	D	
Common Stock	02/29/2008		S	9	D	\$ 28.75	22,991 (1)	D	
Common Stock	02/29/2008		S	800	D	\$ 28.74	22,191 (1)	D	
Common Stock	02/29/2008		S	400	D	\$ 28.73	21,791 (1)	D	
Common Stock	02/29/2008		S	900	D	\$ 28.72	20,891 (1)	D	

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Common	02/29/2008	S	700	D	\$ 28.7	20,191 (1)	D
Stock						, -	
Common Stock	02/29/2008	S	200	D	\$ 28.69	19,991 (1)	D
Common Stock	02/29/2008	S	400	D	\$ 28.68	19,591 (1)	D
Common Stock	02/29/2008	S	300	D	\$ 28.67	19,291 (1)	D
Common Stock	02/29/2008	S	200	D	\$ 28.66	19,091 (1)	D
Common Stock	02/29/2008	S	500	D	\$ 28.65	18,591 <u>(1)</u>	D
Common Stock	02/29/2008	S	391	D	\$ 28.64	18,200 (1)	D
Common Stock	02/29/2008	S	100	D	\$ 28.57	18,100 (1)	D
Common Stock	02/29/2008	S	100	D	\$ 28.56	18,000 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	isable and	7. Title	and	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transact	ionNumber	Expiration Da	ate	Amour	nt of	Derivative
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underl	ying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securit	ies	(Instr. 5)
	Derivative				Securities			(Instr.	3 and 4)	
	Security				Acquired					
	Ĭ				(A) or					
					Disposed					
					of (D)					
					(Instr. 3,					
					4, and 5)					
									Amount	
						Date	Expiration		or	
						*	Date	Title Nu	Number	
						LACICISABIC	Dute		of	
				Code V	(A) (D)				Shares	

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

SANDERS H R JR P.O. BOX 1032

302 N. INDEPENDENCE

ENID, OK 73702

Signatures

H.R. Sanders, Jr. 03/03/2008

**Signature of Reporting Person Date

X

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 10,000 shares of restricted common stock which vest 33% on each of January 1, 2009, January 1, 2010, and January 1, 2011.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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