

Casteel Marty
Form 5
February 16, 2010

FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *
Casteel Marty

2. Issuer Name and Ticker or Trading Symbol
SIMMONS FIRST NATIONAL CORP [SFNC]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)
12/31/2009

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below) _____
EVP

SIMMONS FIRST NATIONAL CORP, 501 MAIN STREET

(Street)

4. If Amendment, Date Original Filed (Month/Day/Year)

6. Individual or Joint/Group Reporting

(check applicable line)

PINE BLUFF, AR 71603

Form Filed by One Reporting Person
 Form Filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | (A) or (D) | Price | 5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|--|--------------------------------|---|------------|----------|--|--|-----------------------------------|
| SFNC | 12/31/2009 | ^ | J | 248 | A | \$ 26.41 | 691 | D (1) | ^ |
| SFNC | ^ | ^ | ^ | ^ | ^ | ^ | 10,199 | D | ^ |
| SFNC | ^ | ^ | ^ | ^ | ^ | ^ | 3,451 | D | ^ |
| SFNC | ^ | ^ | ^ | ^ | ^ | ^ | 7,548 | D | ^ |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Underlying Security (Instr. 3 and 4) | |
|--|--|--------------------------------------|--|--------------------------------|---|--|-----------------|---|----------------------------|
| | | | | | (A) (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares |
| Incentive Stock Option | \$ 12.13 | 05/07/2001 | Â | X | 0 Â | 05/07/2005 | 05/07/2011 | Common | 6,000 |
| Incentive Stock Option | \$ 23.78 | 07/26/2004 | Â | X | 0 Â | 12/31/2005 | 07/26/2014 | Common | 2,000 |
| Incentive Stock Option | \$ 24.5 | 05/23/2005 | Â | X | 0 Â | 12/31/2005 | 05/24/2015 | Common | 920 |
| Incentive Stock Option | \$ 26.19 | 05/22/2006 | Â | X | 0 Â | 05/22/2007 | 05/20/2016 | Common | 200 |
| Incentive Stock Option | \$ 26.19 | 05/22/2006 | Â | X | 0 Â | 05/22/2008 | 05/20/2016 | Common | 200 |
| Incentive Stock Option | \$ 26.19 | 05/22/2006 | Â | X | 0 Â | 05/22/2009 | 05/20/2016 | Common | 200 |
| Incentive Stock Option | \$ 26.19 | 05/22/2006 | Â | X | 0 Â | 05/22/2010 | 05/20/2016 | Common | 200 |
| Incentive Stock Option | \$ 26.19 | 05/22/2006 | Â | X | 0 Â | 05/22/2011 | 05/20/2016 | Common | 200 |
| Incentive Stock Option | \$ 28.42 | 05/31/2007 | Â | X | 0 Â | 05/31/2008 | 05/31/2017 | Common | 240 |
| Incentive Stock Option | \$ 28.42 | 05/31/2007 | Â | X | 0 Â | 05/31/2009 | 05/31/2017 | Common | 240 |
| Incentive Stock Option | \$ 28.42 | 05/31/2007 | Â | X | 0 Â | 05/31/2010 | 05/31/2017 | Common | 240 |
| Incentive Stock Option | \$ 28.42 | 05/31/2007 | Â | X | 0 Â | 05/31/2011 | 05/31/2017 | Common | 240 |
| Incentive Stock Option | \$ 28.42 | 05/31/2007 | Â | X | 0 Â | 05/31/2012 | 05/31/2017 | Common | 240 |
| Non-Qualified Stock Option | \$ 30.31 | 05/29/2008 | Â | X | 0 Â | 05/29/2009 | 05/28/2018 | Common | 840 |

