

COASTAL CARIBBEAN OILS & MINERALS LTD
Form 8-K
October 21, 2008

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**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 OR 15(d) of the Securities Exchange Act of 1934

Date of Report (date of earliest event reported): October 21, 2008

COASTAL CARIBBEAN OILS & MINERALS, LTD

(Exact name of registrant as specified in its charter)

Bermuda
(State or other jurisdiction
of incorporation)

1-4668
(Commission
File Number)

59-3535315
(I.R.S. Employer
Identification No.)

Clarendon House, Church Street, Hamilton HM DX

Bermuda
(address of principal executive offices)

None

(Zip Code)

Registrant's telephone number: **(850) 653-9165**

None

(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instructions A.2. below):

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- o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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ITEM 5.02(b). Departure of Directors or Certain Officers.

On October 21, 2008 Matt D. Cannon resigned as a director of the Company. His resignation was not tendered as a result of any disagreement with the Company or its management on any matter relating to the Company's operations, policies, or practices.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Coastal Caribbean Oils & Minerals, Ltd

(Registrant)

Date: October 21, 2008

By: */s/ Phillip W. Ware*

Phillip W. Ware
Chief Executive Officer and Chief Financial Officer
