MVC CAPITAL, INC.

Form 4

January 17, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

may continue.

1. Name and A	Symbol		d Ticker or Trading , INC. [MVC]	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (N	Middle) 3. Date of	of Earliest T	ransaction	(Cnec	ck all applicable	;)
C/O MVC	CAPITAL, INC., I AVE., 2ND FLO	(Month/ 287 01/16/2	Day/Year)	Tanisaction	DirectorX Officer (give below) Man		` 1
	4. If Am	endment, D	ate Original	6. Individual or Joint/Group Filing(Check			
DUDCHAC	VE NIV 10577	Filed(Mo	onth/Day/Yea	r)	Applicable Line) _X_ Form filed by Form filed by M	1 0	
PURCHAS	SE,, NY 10577				Person		
(City)	(State)	(Zip) Tak	ole I - Non-l	Derivative Securities Acq	uired, Disposed o	f, or Beneficial	ly Owne
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securities Acquired	5. Amount of	6. Ownership	7. Natu
Security	(Month/Day/Year)	Execution Date, if	Transacti	on(A) or Disposed of (D)	Securities	Form: Direct	Indirect
(Instr. 3)		any	Code	(Instr. 3, 4 and 5)	Beneficially	(D) or	Benefic
		(Month/Day/Year)	(Instr. 8)		Owned	Indirect (I)	Owners

(City)	(State)	Table Table	I - Non-D	erivative :	Securi	ities Acqu	uired, Disposed of	, or Beneficial	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common			Code V	Amount	(D)	Price	(IIIsu. 3 and 4)		
Stock, \$.01 par value	01/16/2014		S <u>(1)</u>	500	D	\$ 13.8	22,365.72 (2)	D	
Common Stock, \$.01 par value	01/16/2014		P(1)	500	A	\$ 13.84	22,865.72 (2)	D	
Common Stock, \$.01 par value	01/16/2014		S <u>(1)</u>	500	D	\$ 13.8	22,365.72 (2)	D	
Common Stock, \$.01	01/16/2014		P(1)	500	A	\$ 13.84	22,865.72 (2)	D	

par value							
Common Stock, \$.01 par value	01/16/2014	S <u>(1)</u>	500	D	\$ 13.82	22,365.72 (2)	D
Common Stock, \$.01 par value	01/16/2014	P(1)	500	A	\$ 13.86	22,865.72 (2)	D
Common Stock, \$.01 par value	01/16/2014	S <u>(1)</u>	500	D	\$ 13.82	22,365.72 (2)	D
Common Stock, \$.01 par value	01/16/2014	P(1)	500	A	\$ 13.86	22,865.72 (2)	D
Common Stock, \$.01 par value	01/16/2014	S <u>(1)</u>	500	D	\$ 13.82	22,365.72 (2)	D
Common Stock, \$.01 par value	01/16/2014	P(1)	500	A	\$ 13.84	22,865.72 (2)	D
Common Stock, \$.01 par value	01/16/2014	S <u>(1)</u>	500	D	\$ 13.79	22,365.72 (2)	D
Common Stock, \$.01 par value	01/16/2014	P(1)	500	A	\$ 13.83	22,865.72 (2)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

 $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	S	ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4	8. Price of Derivative Security (Instr. 5)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title Amous	nt

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Number of Shares

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

SHEWMAKER BRUCE W C/O MVC CAPITAL, INC. 287 BOWMAN AVE., 2ND FLOOR PURCHASE,, NY 10577

Managing Director

Signatures

/s/ Bruce W. O1/17/2014

**Signature of Reporting Date
Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The transactions being reported on this Form 4 (sales and then purchases of identical amounts of MVC Capital, Inc. shares on the same day) were done by the Reporting Person solely to move shares into a retirement account that would not accept a transfer of shares from another account of the Reporting Person.
- Includes approximately 117 shares of common stock, \$.01 par values ("Shares"), acquired on January 8, 2013 and approximately 122 Shares acquired on May 1, 2013, in connection with the reinvestment of cash proceeds received pursuant to the issuance of dividends by MVC Capital, Inc. After the reinvestment on May 1, 2013, the Reporting Person ceased his election to reinvest dividends of MVC Capital, Inc.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3