Powell Sarah E Form 4 December 08, 2011

Form 4 or

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to **SECURITIES** Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * Powell Sarah E

(First)

Stock

ADVANCE AUTO PARTS,

2. Issuer Name and Ticker or Trading Symbol

ADVANCE AUTO PARTS INC [AAP]

3. Date of Earliest Transaction

(Month/Day/Year) 12/06/2011

INC., 5008 AIRPORT RD (Street)

(Middle)

4. If Amendment, Date Original Filed(Month/Day/Year)

(Check all applicable)

Issuer

Director 10% Owner Other (specify _X__ Officer (give title below) SVP, General Counsel & Sec

5. Relationship of Reporting Person(s) to

OMB APPROVAL

Estimated average

burden hours per

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

6. Individual or Joint/Group Filing(Check

Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

ROANOKE, VA 24012

(City)	(State) (Zip) Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	f, or Beneficial	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common	12/06/2011		Code V M	Amount 4,200	or (D)	Price \$ 40.45	(Instr. 3 and 4) 7,665	D	
Stock Common Stock	12/06/2011		S	4,200	D	\$ 70	3,465	D	
Common Stock	12/06/2011		M	4,578	A	\$ 33.8	8,043	D	
Common Stock	12/06/2011		F	2,972	D	\$ 70.09	5,071	D	
Common	12/08/2011		S	1,606	D	\$ 60.52	3,465	D	

69.52

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	e Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 40.45	12/06/2011		M		4,200	<u>(1)</u>	02/21/2013	Common Stock	4,200
Stock Appreciation Right	\$ 33.8	12/06/2011		M		4,578	(2)	02/20/2015	Common Stock	4,578

Reporting Owners

Reporting Owner Name / Address	Relationsnips						
	Director	10% Owner	Officer	Other			
Powell Sarah E			SVP,				
ADVANCE AUTO PARTS, INC.			General				
5008 AIRPORT RD			Counsel &				
ROANOKE, VA 24012			Sec				

Signatures

/s/ Rachel E. Geiersbach, as Attorney-in-Fact for Sarah E.
Powell 12/08/2011

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares became exercisable in three equal annual installments beginning on February 21, 2007.
- (2) These shares became exercisable in three equal annual installments beginning on February 19, 2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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