Hensman Kevan Byron Form 4 August 03, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

30(h) of the Investment Company Act of 1940

OMB APPROVAL OMB 3235-0287

Number:

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Check this box if no longer subject to Section 16. Form 4 or Form 5

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

See Instruction

1(b).

(Print or Type Responses)

(Last)

1. Name and Address of Reporting Person *

(First)

Hensman Kevan Byron

2. Issuer Name and Ticker or Trading

Symbol

ASPEN EXPLORATION CORP

[ASPN]

(Month/Day/Year)

7905 REINA COURT

(Middle)

(Street)

3. Date of Earliest Transaction

07/30/2010

4. If Amendment, Date Original

Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

X_ Director 10% Owner Other (specify Officer (give title below)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

BAKERSFIELD, CA 93309

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)

2. Transaction Date 2A. Deemed (Month/Day/Year)

Execution Date, if

(Month/Day/Year)

3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5)

5. Amount of Securities Beneficially Owned Following Reported

6. Ownership Form: Direct (D) or Indirect Beneficial (I) (Instr. 4)

7. Nature of Indirect Ownership (Instr. 4)

(A) or Code V Amount (D) Price Transaction(s) (Instr. 3 and 4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Conversion Security or Exercise

3. Transaction Date 3A. Deemed (Month/Day/Year)

Execution Date, if any

4. 5. Number of TransactionDerivative Code Securities

6. Date Exercisable and **Expiration Date** (Month/Day/Year)

7. Title and Amount of **Underlying Securities** (Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr.		Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)					
					Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
(Option	\$ 3.7							09/11/2006	09/11/2011	Common Stock	10,000
	Option 1)	\$ 2.14							09/30/2008	02/27/2013	Common Stock	28,120
	Option 2)	\$ 0.4125							07/27/2010	02/15/2015	Common Stock	75,000
	Option 3)	\$ 0.49	07/30/2010		A		25,000		07/30/2010	07/30/2015	Common Stock	25,000

Reporting Owners

Relationships						
Director	10% Owner	Officer	Other			
X						
		Director 10% Owner	Director 10% Owner Officer			

Signatures

/s/ Kevan B.
Hensman

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On February 27, 2008, Mr. Hensman was granted an option to purchase 100,000 of common stock pursuant to the 2008 Equity Plan. 1/3 of the shares were to vest on each September 30, of 2008, 2009, and 2010 if certain performance criteria are met. On September 30, 2008,

- (1) 18,210 of the options were deemed earned, and 15,213 were deemed unearned; on September 30, 2009, 33,333 of the options were deemed unearned; and 33,333 remain unvested and will only vest if certain company performance objectives were met during the 2010 fiscal year.
- Options granted on February 15, 2010 pursuant to the 2008 Equity Plan. These options vested in full on July 27, 2010 when the Board of Directors determined that the vesting criteria were met.
- Options granted on July 27, 2010 pursuant to the 2010 Stock Incentive Plan although the option exercise price was not established until (3) July 30, 2010. This option vested in full on July 30, 2010. This transaction is except from Section 16(b) of the 1934 Act pursuant to Rule 16-b(3)(d).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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