

OPNET TECHNOLOGIES INC  
 Form 4  
 June 11, 2010

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
 COHEN ALAIN J

2. Issuer Name and Ticker or Trading Symbol  
 OPNET TECHNOLOGIES INC  
 [OPNT]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)  
 7255 WOODMONT AVE  
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)  
 06/10/2010

Director  10% Owner  
 Officer (give title below)  Other (specify below)  
 President & Chief Tech Officer

BETHESDA, MD 20814  
 (City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ownership (Instr. 4)
			Code	V	Amount or Price		
Common Stock	06/10/2010		M		10,000 A \$ 12	4,705,435	D
Common Stock	06/10/2010		S		10,000 D \$ 15.29	4,695,435	D
Common Stock	06/11/2010		M		2,126 A \$ 12	4,697,561	D
Common Stock	06/11/2010		S		2,126 D \$ 15.22	4,695,435	D
Common Stock	06/11/2010		M		7,874 A \$ 13.2	4,703,309	D

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Common Stock      06/11/2010      S      7,874      D      \$ 15.22      4,695,435      D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable      Expiration Date	Title      Amount or Number of Shares
Stock Option (Right to Buy)	\$ 12	06/10/2010		M	10,000	04/30/2004      06/29/2010	Common Stock      10,000
Stock Option (Right to Buy)	\$ 12	06/11/2010		M	2,126	04/30/2004      06/29/2010	Common Stock      2,126
Stock Option (Right to Buy)	\$ 13.2	06/11/2010		M	7,874	04/30/2004      06/29/2010	Common Stock      7,874

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
COHEN ALAIN J 7255 WOODMONT AVE BETHESDA, MD 20814	X	X	President & Chief Tech Officer	

## Signatures

Alain J. Cohen

06/11/2010

\*\*Signature of  
Reporting Person

Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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