AMES NATIONAL CORP

Form 4 May 20, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

2. Issuer Name and Ticker or Trading

OMB APPROVAL OMB 3235-0287

Number:

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average

burden hours per response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

1. Name and Address of Reporting Person *

(Print or Type Responses)

LARSON JAMES R II		Symbol					Issuer				
			AMES 1	AMES NATIONAL CORP [ATLO]				(Check all applicable)			
(Last)	(First) (1	Middle)	3. Date of Earliest Transaction								
				(Month/Day/Year)				X Director 10% Owner Officer (give title below) Other (specify below)			
3321 RIDGETOP RD			05/15/2008								
(Street) 4			4. If Ame	4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
Filed				Filed(Month/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person			
AMES, IA 50014								Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of	2. Transaction Date (Month/Day/Year)			3. 4. Securities Acquired			5. Amount of 6. Ownership 7. N Securities Form: Direct Indi				
Security (Instr. 3)	any	Execution Date, if any		Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)			Beneficially	Beneficial			
		(Month/	Day/Year)	ear) (Instr. 8)			Owned Following	Ownership (Instr. 4)			
					(A)		Following (Instr. 4) Reported		(IIISu. 4)		
						(A)		Transaction(s) (Instr. 3 and 4)			
				Code V	Amount	(D)	Price	(Ilisti. 3 alid 4)		* 0	
Common										James & Teresa	
stock	05/15/2008			P	500	A	\$ 19.5	6,500	I	Larson	
										Rev Trust	
										James &	
Common	05/19/2008			P	640	A	\$	7,140	I	Teresa	
Stock							19.44			Larson Rev Trust	
										iii iiii	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4.	5.	6. Date Exerc		7. Titl		8. Price of	9. Nu
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transactic Code (Instr. 8)	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			Amou Under Securi (Instr.	lying	Derivative Security (Instr. 5)	Deriv Secur Bene Own Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
•	Director	10% Owner	Officer	Other			
LARSON JAMES R II 3321 RIDGETOP RD	X						
AMES, IA 50014							

Signatures

John P Nelson by power of attorney 05/20/2008

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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