Sanchez Patricio D. Form 4 March 05, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

5. Relationship of Reporting Person(s) to

D

Ι

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005 Estimated average

OMB APPROVAL

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

burden hours per response... 0.5

1(b).

Common

Common

Stock

Stock

03/01/2019

(Print or Type Responses)

1. Name and Address of Reporting Person *

Sanchez Pat	Symbol Sanchez Energy Corp [SNEC]						Issuer (Check all applicable)					
(Last) 1000 MAIN				3. Date of Earliest Transaction (Month/Day/Year) 03/01/2019							Owner er (specify	
				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
HOUSTON, TX 77002									Form filed by More than One Reporting Person			
(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Ow								ly Owned			
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	nsaction Date 2A. Deemed h/Day/Year) Execution Date, if any (Month/Day/Year)		3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price				of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	03/01/2019			M		17,331	A	<u>(1)</u>	918,210	D		
Common Stock	03/01/2019			D		17,331	D	\$ 0.26	900,879	D		

894,059

371,836

D

6,820

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

F

By 1988

Trust No.

14 (2)

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SEC 1474

(9-02)

Stock

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisar	oie and Expiration	/. Title and	Amou
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionDerivative 1		Date		Underlying Securit	
Security (Instr. 3)	or Exercise Price of Derivative	e of (Month/Day/Year) (Instr. 8) Acquired		Securities Acquired (A) or Disposed of	(Month/Day/Year	(Instr. 3 and 4)			
	Security				(D) (Instr. 3, 4, and 5)				
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Am or Nur of S
Phantom	(1)	03/01/2019		M	17 331	03/01/2019(3)	03/01/2019(3)	Common	17

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Sanchez Patricio D. 1000 MAIN STREET, SUITE 3000

HOUSTON, TX 77002

Executive Vice President

Signatures

Stock

/s/ Patricio D. Sanchez 03/05/2019

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each share of phantom stock is the economic equivalent of one share of the Issuer's common stock, par value \$0.01 per share. The Reporting Person settled his shares of phantom stock for cash.
 - These shares are owned directly by 1988 Trust No. 14. Reporting Person is a co-trustee, along with A. R. Sanchez, Jr., and a beneficiary of 1988 Trust No. 14. Reporting Person may be deemed to share voting and dispositive power over the shares held by 1988 Trust No. 14.
- (2) Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these securities in this report shall not be deemed an admission of beneficial ownership by Reporting Person of the reported securities for purposes of Section 16 or any other purpose.
- (3) Phantom stock is payable only in cash, which vests in equal annual increments over a five-year period.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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