Burke Thomas

January 06, 2009

Form 3

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB APPROVAL		
						OMB Number:	3235-0104		
	INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES						Expires:	January 31, 2005	
Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Sectior 30(h) of the Investment Company Act of 1940							Estimated a burden hou response n	rs per	
(Print or Type I	Responses)								
1. Name and Address of Reporting Person <u>*</u> Burke Thomas			2. Date of Event Requiring Statement (Month/Day/Year)		ne and Ticker o TIONAL GA				
(Last)	(First)	(Middle)	01/01/2009				f Amendment, Date Original d(Month/Day/Year)		
825 BERKS 200	SHIRE BL	VD SUITE		(Check all applicable)					
(Street) WYOMISSING, PA 19610				OfficerOther Filing (give title below) (specify below) _X_F SR VP-Regional Operations Person F			lividual or Joint/Group g(Check Applicable Line) Form filed by One Reporting n orm filed by More than One ting Person		
(City)	(State)	(Zip)	Table I - I	Non-Deriva	tive Securiti	es Benefic	cially Owned	i	
1.Title of Secu (Instr. 4)	ırity		2. Amount of Beneficially (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature o Ownership (Instr. 5)	f Indirect Benef	ïcial	
Reminder: Rep owned directly	-		ach class of securities benefic	cially S	SEC 1473 (7-02)			
	infor requ	mation contained to respond	pond to the collection of ained in this form are no ond unless the form disp MB control number.	t					
ŗ	Fable II - De	erivative Secu	rities Beneficially Owned (6	e.g., puts, calls	, warrants, opt	ions, convei	tible securities	i)	
1 THE OF	·····	viter 2 Data F	wanaiaahla and 2.5	Fitle and Amou	ant of 1	5		ture of	

1. Title of Derivative Security	2. Date Exercisab	le and	3. Title and A	Amount of	4.	5.	6. Nature of
(Instr. 4)	Expiration Date		Securities Ur	nderlying	Conversion	Ownership	Indirect Beneficial
	(Month/Day/Year)	Derivative Security		ecurity	or Exercise	Form of	Ownership
			(Instr. 4)		Price of	Derivative	(Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Derivative	Security:	
					Security	Direct (D)	
						or Indirect	
						(I)	

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						(Instr. 5)	
Incentive Stock Options (right to buy)	11/01/2003	11/01/2009	Common Stock	24,232	\$ 10.195	D	Â
Non-Qualified Stock Option (right to buy)	11/01/2006	11/01/2012	Common Stock	768	\$ 10.195	D	Â
Incentive Stock Option (right to buy)	10/31/2004	10/31/2010	Common Stock	7,500	\$ 11.875	D	Â
Non-Qualified Stock Options (right to buy)	10/31/2004	10/31/2013	Common Stock	12,500	\$ 11.875	D	Â
Non-Qualified Stock Options (right to buy)	10/17/2005	10/17/2014	Common Stock	30,000	\$ 21.075	D	Â
Incentive Stock Options (right to buy)	08/04/2007(1)	08/04/2016	Common Stock	5,000	\$ 33.71	D	Â
Non-Qualified Stock Options (right to buy)	08/04/2007(1)	08/04/2016	Common Stock	5,000	\$ 33.71	D	Â
Incentive Stock Options (right to buy)	01/02/2008(1)	01/02/2017	Common Stock	2,004	\$ 41.62	D	Â
Non-Qualified Stock Options (right to buy)	01/02/2008(1)	01/02/2017	Common Stock	2,996	\$ 41.62	D	Â
Incentive Stock Options (right to buy)	07/08/2009(1)	07/08/2018	Common Stock	4,108	\$ 29.87	D	Â
Non-Qualified Stock Options (right to buy)	07/08/2009(1)	07/08/2018	Common Stock	5,892	\$ 29.87	D	Â
Incentive Stock Options (right to buy)	10/06/2012	10/06/2015	Common Stock	1,264	\$ 20.03	D	Â
Non-Qualified Stock Options (right to buy)	10/06/2009 <u>(1)</u>	10/06/2015	Common Stock	13,736	\$ 20.03	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Burke Thomas 825 BERKSHIRE BLVD SUITE 200 WYOMISSING, PA 19610	Â	Â	SR VP-Regional Operations	Â		
Signatures						
/s/ Robert S. Ippolito as attorney-in-fact for Thomas Burke			01/06/2009			
**Signature of Reporting Person			Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Vests over 4 years at 25% a year on the anniversary of the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.