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Cibik Melan	ie Susan										
Form 4	10										
April 30, 202									OMB AF	PROVAL	
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287			
Check this box				NGES IN BENEFICIAL OWN SECURITIES				NERSHIP OF	Expires: Estimated a burden hour		
Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								0.5			
(Print or Type I	Responses)										
			2. Issuer Name and Ticker or Trading Symbol TELEDYNE TECHNOLOGIES INC				C	5. Relationship of Reporting Person(s) to Issuer			
	[TDY]	[TDY]				(Check all applicable)					
(M			(Month/E	3. Date of Earliest Transaction (Month/Day/Year) 04/29/2019				Director 10% Owner X_ Officer (give title Other (specify below) below) Sr.VP, GenCounsel, CCO & Sec.			
	(Street)			endment, Da nth/Day/Year	-	l		6. Individual or Jos Applicable Line) _X_ Form filed by O	int/Group Filin ne Reporting Per	g(Check rson	
THOUSAN	D OAKS,, CA 9	1360						Form filed by M Person	ore than One Re	porting	
(City)	(State)	(Zip)	Tabl	le I - Non-D) erivative	Secur	ities Acq	uired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	n Date, if	3. Transactic Code (Instr. 8)	4. Securi on(A) or Di (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	04/29/2019			Code V M	Amount 2,000	(D) A	Price \$ 75.13	26,364.0154	D		
Common Stock	04/29/2019			М	4,783	А	\$ 78.4	31,147.0154	D		
Common Stock	04/29/2019			S	6,783	D	\$ 252	24,364.0154 (1)	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number out Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount o Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option right-to-buy	\$ 75.13	04/29/2019		М		2,000	04/24/2014	04/24/2023	Common Stock	2,000
Stock Option right-to-buy	\$ 78.4	04/29/2019		М		4,783	01/26/2017	01/26/2026	Common Stock	4,783

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Cibik Melanie Susan			Sr.VP,					
1049 CAMINO DOS RIOS			GenCounsel,					
THOUSAND OAKS,, CA 91360			CCO & Sec.					

Signatures

Melanie S. 04/30/2019 Cibik

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Reporting Person holds 24,364.0154 shares directly, and includes 2,594 restricted shares, 404.6704 shares purchased under the Employee
 (1) Stock Purchase Plan and 103.3450 equivalent shares held in Teledyne Technologies 401(k) plan based on information received as of January 16, 2019.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.