

J2 GLOBAL COMMUNICATIONS INC  
 Form 4  
 June 09, 2009

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287  
 Expires: January 31, 2005  
 Estimated average burden hours per response... 0.5

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
**RESSLER RICHARD S**

2. Issuer Name and Ticker or Trading Symbol  
**J2 GLOBAL COMMUNICATIONS INC [JCOM]**

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)  
**06/05/2009**

Director  10% Owner  
 Officer (give title below)  Other (specify below)

**C/O J2 GLOBAL COMMUNICATIONS, INC., 6922 HOLLYWOOD BLVD, 5TH FLOOR**

(Street)

4. If Amendment, Date Original Filed (Month/Day/Year)

6. Individual or Joint/Group Filing (Check Applicable Line)

Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**LOS ANGELES, CA 90028**

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock, \$0.01 par value	06/05/2009		M <sup>(2)</sup>		50,000	A	\$ 1.72
					1,059,161	<u>(1)</u>	D
Common Stock, \$0.01 par value	06/05/2009		M <sup>(2)</sup>		206,667	A	\$ 1.03
					1,265,828	<u>(1)</u>	D
	06/05/2009		M <sup>(2)</sup>		12,500	A	\$ 1.17
					1,278,328	<u>(1)</u>	D

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Common Stock, \$0.01 par value						
Common Stock, \$0.01 par value	06/05/2009	S	30,537	D	\$ 22.75	1,247,791 <u>(1)</u> D
Common Stock, \$0.01 par value	06/05/2009	S	900	D	\$ 22.76	1,246,891 <u>(1)</u> D
Common Stock, \$0.01 par value	06/05/2009	S	6,213	D	\$ 22.77	1,240,678 <u>(1)</u> D
Common Stock, \$0.01 par value	06/05/2009	S	3,198	D	\$ 22.78	1,237,480 <u>(1)</u> D
Common Stock, \$0.01 par value	06/05/2009	S	1,702	D	\$ 22.79	1,235,778 <u>(1)</u> D
Common Stock, \$0.01 par value	06/05/2009	S	8,030	D	\$ 22.8	1,227,748 <u>(1)</u> D
Common Stock, \$0.01 par value	06/05/2009	S	100	D	\$ 22.81	1,227,648 <u>(1)</u> D
Common Stock, \$0.01 par value	06/05/2009	S	1,200	D	\$ 22.82	1,226,448 <u>(1)</u> D
Common Stock, \$0.01 par value	06/05/2009	S	524	D	\$ 22.83	1,225,924 <u>(1)</u> D
Common Stock, \$0.01 par value	06/05/2009	S	300	D	\$ 22.8325	1,225,624 <u>(1)</u> D
	06/05/2009	S	5,900	D	\$ 22.84	1,219,724 <u>(1)</u> D

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Common Stock, \$0.01 par value							
Common Stock, \$0.01 par value	06/05/2009	S	5,135	D	\$ 22.85	1,214,589 <u>(1)</u>	D
Common Stock, \$0.01 par value	06/05/2009	S	100	D	\$ 22.86	1,214,489 <u>(1)</u>	D
Common Stock, \$0.01 par value	06/05/2009	S	300	D	\$ 22.865	1,214,189 <u>(1)</u>	D
Common Stock, \$0.01 par value	06/05/2009	S	500	D	\$ 22.8675	1,213,689 <u>(1)</u>	D
Common Stock, \$0.01 par value	06/05/2009	S	2,830	D	\$ 22.87	1,210,859 <u>(1)</u>	D
Common Stock, \$0.01 par value	06/05/2009	S	900	D	\$ 22.875	1,209,959 <u>(1)</u>	D
Common Stock, \$0.01 par value	06/05/2009	S	100	D	\$ 22.8775	1,209,859 <u>(1)</u>	D
Common Stock, \$0.01 par value	06/05/2009	S	3,508	D	\$ 22.88	1,206,351 <u>(1)</u>	D
Common Stock, \$0.01 par value	06/05/2009	S	700	D	\$ 22.885	1,205,651 <u>(1)</u>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount of Number of Shares
Option to purchase Common Stock	\$ 1.72	06/05/2009		M	50,000 (7)	(3) 07/12/2010	Common Stock, \$0.01 par value 50,000
Option to purchase Common Stock	\$ 1.03	06/05/2009		M	206,667 (7)	(4) 12/28/2011	Common Stock, \$0.01 par value 206,667
Option to purchase Common Stock	\$ 1.17	06/05/2009		M	12,500 (7)	(5) 12/28/2011	Common Stock, \$0.01 par value 12,500

## Reporting Owners

### Reporting Owner Name / Address

### Relationships

Director 10% Owner Officer Other

RESSLER RICHARD S  
C/O J2 GLOBAL COMMUNICATIONS, INC.  
6922 HOLLYWOOD BLVD, 5TH FLOOR  
LOS ANGELES, CA 90028

X

## Signatures

By: /s/ Richard S. Ressler 06/09/2009

\_\_Signature of Reporting Person Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 37,011 shares of restricted stock, of which 9,778 are vested and 27,233 remain subject to vesting.
- (2) These shares were acquired upon exercise of stock options under Issuer's Amended and Restated 1997 Stock Option Plan identified as exercised in Part II of this Form 4.
- (3) The option vested in four equal installments on July 12, 2001, 2002, 2003, and 2004.

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- (4) The options consist of 83,334 shares that vested on December 28, 2002; 81,667 shares that vested on December 28, 2003; and 41,666 shares that vested on December 28, 2004.
- (5) The option vested in three equal installments on December 28, 2002, 2003 and 2004.
- (6) Employee stock option granted for services rendered, no value placed on services rendered.
- (7) Mr. Ressler is exercising these options because of their imminent expiration date.

### **Remarks:**

Part 1 of 7.

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